

A black and white photograph of a hiker walking away on a wooden boardwalk that stretches into a dense forest. The hiker is wearing a light-colored bucket hat, a backpack, and dark clothing, and is using a trekking pole. The forest is filled with bare trees and tall grasses, suggesting a late autumn or winter setting.

THE Marketplace

April 2025 \$2.50

MAGAZINE

So much to explore!

Tiverton Lions Club Fundraising for Autism Service Dog

The Lions Clubs of Canada are a service club of volunteers who believe in the motto of 'We Serve', and the Tiverton Lions are putting that motto into action with the goal of helping five-year-old Lucas Mullen of Tiverton by fundraising to help his family purchase a specially trained Autism Assistance Support Dog. Lion Hank Van Moorsel explains.

"The Lions Foundation of Canada Dog Guides program provides service animals trained in one of seven different areas. There are Canine Vision dogs, Hearing, Seizure Response, Service, Diabetes Alert, Facility support, and of course, Autism Assistance. In an ideal world the Foundation would always be able to meet the demand for dogs, but sadly, that is not the case. Typically, there is a two-year wait from the time the application process starts until the family gets matched with a dog, but the demand for Autism Assist dogs is such that currently we have a four year wait." That minimum four-year wait was one that Lion Sandra Parry, Lucas' mother, felt would adversely affect Lucas, so the family searched for alternatives.

"We contacted K9 Country Inn Service Working Service Dogs by Dundalk. Their program provides two dogs every two years, and we were able to get Lucas into their program. Typically, people will get to bring a puppy home when they are about eight weeks old, but Murphy, the dog we are getting for Lucas, has to be fully trained before he joins us. He will be able to stay with us for longer stints starting in March of 2026, but he will not be with us on a permanent basis as Lucas' Autism Assist Dog until he is two years old in September 2026."

Murphy is a Golden Retriever, once the training is completed, Murphy will be able to sense when Lucas' anxiety increases, and help Lucas by serving as a calming and grounding point of contact, but that is just a small portion of the role he will play.

Lucas has severe Autism, is non-verbal and an eloper. Being an eloper means he will unexpectedly leave a supervised safe space or care of a responsible adult without warning. Additionally, he has a mental condition known as PICA, where he will eat items that are not edible. Once fully trained, Murphy will also be an anchor for Lucas, being tethered to Lucas when they spend time outdoors, and if Lucas tries to run away, he will sit, preventing Lucas from going too far. He will also alert an adult if Lucas tries to open an exit door, will return Lucas to an adult if he elopes, and will take items from Lucas that are inedible during a PICA incident. These skills require an immense amount of training hours, which means they carry an expensive price tag.

When the Tiverton Lions learned the scope of the expense that the family would be taking on to provide Lucas with much needed support, they wanted to help in any way they could, as Lion Hank Van Moorsel details.

"The Lions are working on expanding our Dog Guides Foundation, with plans underway to construct a new facility in Oakville in the next few years, but we understand that Lucas and his family need support now. There is the saying that it takes a village to raise a child, so we are hoping that people of Tiverton and area will get behind our thinking that it takes a village to help out this family."

The Tiverton Lions Club has a fundraising Easter Bunny Sale for \$6 each, with the funds raised going toward the Autism Assist Dog. To participate in this event, reach out to a Tiverton Lions or check Tiverton Lions Facebook page, or call or text 519-706-5667 for more information. There is also a Go Fund Me set up, you can search for Autism Assist Dog for Lucas Mullen or donations can be made by e-transfer to tivertonlions368@gmail.com, remember to please put LUCAS in the memo line.

Proudly Canadian Owned

DU/ER

Pants & Jeans

MEN  **WOMEN**

PENETANGEAR

791 Queen Street, KINCARDINE
www.penetangear.com
Talk: 519.396.7791 Text: 519.706.0335

Marketplace

Vol. 36 No. 04



Cheryl Kryzaniwsky takes the path less travelled on her trek of the Bruce Trail. This spring and summer forge your own path on one of Bruce County's many trail systems.

Photo Courtesy of Cheryl Kryzaniwsky.

Feature Story

Page 8

With the arrival of spring, it's time to hit the trails! Every year thousands of residents and visitors alike make use of Bruce County's wealth of walking trails to commune with the great outdoors while improving their cardiovascular health, reducing stress, and even boosting their mood.

Historically Speaking . . . 5	Ripley/Lucknow 12
Rooftops 6	Paisley 12
Feature 8	Portrait 14
Are You Covered . . . 10	Seniors Situation . . . 15

Marketplace

is published the first of each month and is distributed by mail to 13,000 homes and businesses, reaching Kincardine, Tiverton, Ripley, Lucknow, Point Clark, Holyrood, Paisley, Port Elgin and Southampton.

Founding Publisher James Pannell

Publisher	Deborah Pannell
Design/Prod	Heidi Burger
Editorial Staff	Doug Archer Sarah Chisholm John. F. Adams
Production	Brenda Fabry
Contributing Editor	Jeska Curry

The Marketplace Magazine
908 Queen Street, Box 523
Kincardine, Ontario N2Z 2Y9
Phone and Fax: 519-396-9142

1-877-396-9142

email: marketplace@bmts.com www.themarketplacemag.com
Pub. Mail Agreement #40032950 * Paid advertisement.
Locally owned and operated since 1989.



From the Sunny Side



As many of you know, this is Pops' favourite time of year - get out the clubs, the golf shirts, the balls and leave the shoes at home! Golfers are looking forward to the season and your courses are ready! Kincardine Golf Course has their Open House and look forward to seeing you!

Happy Anniversary Jaye! Here's to year five for Harbour Rose Boutique.

Here's to Clear-Vu celebrating 21 years of making our view clear.

The 9th Annual Hike for Hospice is May 10th at the Kincardine Davidson Centre. Lace up your walking shoes and get ready for a day dedicated to making moments matter. This event is all about coming together as a community to support compassionate end-of-life care. Whether you hike individually or rally your friends to form a team, every step you take and pledge you collect makes a difference. The Best part: 100 per cent of the funds raised stay in the community, ensuring that those facing life-limiting illnesses receives the care and support they deserve. Plus, your contributions support the grief support and community education programs we host in Kincardine, Huron-Kinloss, and Saugeen Shores. Ready to join? Register now: <https://www.huronshoreshospice.ca/hike-for-hospice>.

From Tamri Court - Saugeen Shores:

The Southampton Community Suppers take place on the second and fourth Wednesdays of the month from 5-6:15pm. Located at St. Paul's Anglican Church, 248 High Street, Southampton. Admission is by donation. Everyone is welcome, and be sure to bring your friends for a great meal and fellowship.

The Chantry Centre in Southampton has a monthly schedule of a variety of programs. Reach out to 519-797-3096 regarding membership and events.

The 27th Annual Huron Fringe Birding Festival will be held from May 23rd to 26th and May 29th to June 1st. Online registration is open.

Visit huronfringebirdingfestival.ca.

Both Legions in Southampton and Port Elgin plan monthly activities. A complete list and additional information can be found by calling either Legion.

Happy birthday to my daughter Madison, son-in-laws Kaleb and Luke, and to my Dad! Happy Easter!

If you have an event you would like your event mentioned in a future article, please send your information to me at tamricourt@gmail.com or give me a call at 519-386-1400.

...still walking on the sunny side.

Our columnists are selected for a knowledge in their subject areas. Their statements and opinions, therefore, are their own and not those of the publisher.

Trades, robotic tools driving success

Bruce Power has wrapped up its inspection series and calandria tube replacement in its Unit 3 Major Component Replacement (MCR) Project, successfully deploying state-of-the-art robotic tooling in the reactor vault, leading to performance improvement and increased safety.

Leveraging cutting-edge innovation and operating experience from previous MCR outages, Bruce Power and its partners continue to make great strides in carrying out the life-extension program safely, with quality and on schedule.

As part of its deal with Ontario's Independent Electricity System Operator (IESO), Bruce Power has made a commitment to bettering its performance in each successive MCR outage and is upholding that promise by placing these new tools into the hands of skilled trades. The successful renewal of units 3-8 by 2033 will ensure the people of Ontario will have access to clean, reliable energy for decades to come and that the economy in Clean Energy Frontier region of Bruce, Grey and Huron Counties will continue to thrive.

In a CANDU refurbishment record, 16 calandria tubes were installed into the Unit 3 reactor in 24 hours, and this new tooling allowed skilled tradespeople to set a record for the fastest complete installation of a Calandria Tube at 58 minutes.

The core skilled trades involved in this project were boilermakers, millwrights and electricians. Their work shifted from operating manual tools in the vault during the Unit 6 MCR



John Peevers
Director, Community
and Media Relations

to focusing on commissioning, monitoring and maintaining the new robotic tools alongside a specialized Tooling Performance Team of engineers, programmers and nuclear technicians, to allow most of their work to be carried out outside the vault.

There are 480 fuel channels within Bruce Power reactors, each containing a calandria tube and a pressure tube, which contains fuel bundles. During previous CANDU refurbishments, installing 480 calandria tubes was a very manual operation. Teams were required to dress in three layers of Tyvek plastic suits and air respirators to rig and hoist each calandria tube onto a toolset before guiding and fitting them into the reactor. Today, a

remotely operated gantry collects the calandria tubes, delivers them to the automated tools, where they are then safely and precisely installed into the reactor.

Bruce Power and Ontario's nuclear industry continue to provide innovative solutions for clean energy projects to ensure the province will have access to safe and reliable electricity well into the future as renewed nuclear units are brought online.

They are also helping to drive the economy through made-in-Ontario solutions such as the six-axis robotic tooling we're using to refurbish CANDU reactors. The deployment of this tooling was the culmination of years of hard work and collaboration between Bruce Power, Shoreline Power Group, Calian Engineering and ATS Industrial Automation.

Accents

shop local = shop Canadian

paper pattern silk by
monica memory
waterproof vinly stickers

CANADA

made in
New Brunswick

THE BOMB BAR

made in Alberta
Easter bunnies,
highland cows,
care bears, monster
trucks and more!

made in Quebec
small-batch,
specialty spice blends

kanel

Accents Candles are made right here in Bruce Grey County!

Bambu Jewelry

inspired by
nature's
unconventional
beauty

made in Saskatchewan

CHEERFULLY made

FUSE & SIP

made in British Columbia
creator of yummiest drinks

We carry many more Canadian products including our gourmet food products!

764 Queen St. Kincardine
519-396-3434

Mon-Fri 10-5:30pm • Sat 10-5pm • Sunday 11-4pm

647 Goderich St. Port Elgin
519-832-GIFT

Mon-Fri 10-5 • Sat 10-4pm • Sunday 11-4pm

THE ONLY AUDIOLOGIST IN TOWN

with over 5 years of experience.

Services that we offer :

- Hearing Assessments
- Central Auditory Processing Evaluations
- Custom Ear Molds
- Ear Wax Removal
- Tinnitus Management
- Home Visits

Book your appointment ONLINE
We MATCH COSTCO PRICES call us
for more details at 519.396.5777



Lake Huron Audiology

Your Hearing is Our Concern

519.396.5777

910 A - Queen Street
Kincardine
lakehuronaudiology@gmail.com

www.lakehuronaudiology.com



Erin Nichol, M. Cl. Sc.
Audiologist

Taking pictures in Bruce County

In 1927 and 1928, the first moving picture “talkies” hit silver screens. With a new method called optical sound, music and dialogue could now be recorded on film alongside the picture.

Some of the earliest Bruce County theatres to feature talking pictures were Blue Water Theatre in Kincardine and Reenville Theatre in Walkerton. In a 1930 poem published in *The Walkerton Telescope*, the author included the talkie show among the many notable things that made their town a lively and fashionable place to be:

*Girls dressed in their best
Keep a-strolling by,
Boys, in groups a-watchin’
Try to catch their eye.
Barber shop is crowded,
Can’t get in the stores,
Talkie show is full
Clear up to the doors.*
(excerpt from “Saturday Night in Town”)
Within a few short years, the talkie



show had become a staple in many downtowns big and small. In order to delight audiences with the synchronized sound of talking pictures, however, theatres needed to invest in new projectors and sound equipment.

This ca.1930 Simplex-Acme sound projector was one of the earlier models equipped with the ability to read optical sound recordings. It was donated to the Museum by Harold (Jackie) Grasser, who managed *The Esquire Theatre* in Southampton during the 1940s.

A fixture of Southampton’s High Street from the 1910s until 1974, the theatre went through many phases over its 60+ years. Ownership swapped hands multiple

BY
SHAUNA TAYLOR
BRUCE COUNTY MUSEUM &
CULTURAL CENTRE
CURATORIAL ASSISTANT

Historically Speaking



times, with some notable proprietors including John Blohm; Schilling and Keyes; Harold and Edna Poidevin; and Joseph Greathead. Originally called *The Strand*, its name was changed to *The*

Esquire in 1938. This artifact was likely the first sound projector used in Southampton, at *The Strand* during the 1930s and then at *The Esquire* during the 1940s.

Sources: *The Chesley Enterprise*, June 5, 1913; *The Bruce Herald and Times*, May 11, 1925; *The Walkerton Telescope*, May 29, 1930; *The Walkerton Telescope*, June 5, 1930; *The Port Elgin Times*, May 4, 1938; *The Southampton Beacon*, July 12, 1945; *Bruce County Voter’s List*, 1949; *Obituary of Harold Melvin Poidevin*, 1984; Michael Kunkes, “When Movies Learned to Talk”, 2005, *CineMontage*; *Motion Picture Projector*, Bruce County Museum Collection, 955.458.001.



CERTIFIED PRE OWNED VEHICLES

Mobility Products, UTV’s, ATV’s, Golf Carts

1809 17th st East Owen Sound | 519-371-2271 | Duttonauto.ca



The Perfect Area Rug to Tie the Whole Space Together.

Check Out Our New Display!



Ellis
Floor Coverings

Ellis Floor Coverings

4190 Hwy #9, Kincardine (Kinloss) • 519-395-3990

www.ellisfloorcoverings.com

Family owned and operated business in Kinloss.

Still studying the benefits of NIR - near infrared light

People often stop me in a grocery store and comment how well their woodstove still works. How lucky was I to be involved with such an industry. We would help homeowners select a wood-burning appliance, advise on location and design and install it. A product that would change their lifestyle.

I've always been intrigued by how well simple pieces of trees can heat a modest home, just right. It's almost like this was God's gift to mankind to stay warm.

Wood heating is not for everyone, but for those that embrace it, it provides satisfaction in knowing they will be warm no matter what mother nature throws at us. And its carbon neutral if done right.

But there is another attribute of fire that most people are unaware of, near infrared light (NIR).

The light spectrum that we see does not penetrate our skulls, so all our thoughts and brain activity are born in darkness. But research is now discovering that the sun does in fact penetrate our brain.

If you were to look at a scientific chart of the energy from the Sun, we can see only a sliver of visible light that we call the light spectrum. Next to the violet side of the spectrum is ultraviolet, (UV). We can't see UV but many animals can such as pit vipers which includes rattlesnakes and birds. We love birds because of their colours, but birds see themselves much better because they can see UV light. Of course, it's common knowledge that UV light on our skin helps us to produce vitamin D, but it doesn't penetrate our bodies or brains.

On the other side of our spectrum of light next to yellow is near infrared (NIR), which we also can't see. It does however penetrate our bodies and brains, but you need to be outside because it gets filtered out by the roof over your head. In adults it can penetrate our skulls, but due to body mass can't reach our internal organs. In small children it can penetrate their whole bodies.

Researchers are still studying the benefits of NIR, and there are many. In

BY
MARSHALL
BYLE

Rooftops



any event, this should be a wake-up to spend time in the outdoors, especially

children. The sun emits huge amounts of NIR, but to a lesser degree so does the moon. Many children spend far too much time indoors and artificial lighting from compact fluorescent and LED light bulbs, or TVs and computer screens do not produce NIR light. Believe it or not, the old incandescent light bulbs and candles produce a small amount of NIR.

As I've already mentioned, a wood-burning stove with a glass door also emits NIR light.

**Get a headstart on a New Project
for the fall this year by
booking an on site estimate
Free of Charge**



We sell many Canadian Brands!



TRUE NORTH

Blaze King

RSF
WOODBURNING FIREPLACES

PACIFIC ENERGY



Heritage Fire Co.

519-368-5274

www.heritagefirecompany.com

info@heritagefirecompany.com • Bruce Rd 15, 2km west of Tiverton

We install Natural Gas Conversions & Hook-ups, Furnaces & Water Heaters!

**The statements and opinions are of the columnist and as such, are not reflective of Heritage Fire Co.*

Marketplace

**Do you want your ad to be seen?
Use the power of direct mail.**

Marketplace Magazine is delivered to over 13,000 home owners & businesses by Canada Post for maximum impact.

marketplace@bmts.com **519-396-9142**
www.themarketplacemag.com

Clear-Vu Window Services are your foggy window experts

Spring is the time of year many homeowners do a thorough cleaning. Specifically windows. If your windows look dirty even after you've cleaned them, it could indicate seal failure, or what we refer to as "foggy windows."

For the last 21 years, Vern and Lisa Stacey have been the experts to call when your energy efficient windows lose their seals. They have been saving clients hundreds and sometimes thousands of dollars on window replacements by successfully making foggy windows look new again.

"This time of year more and more people ask questions about foggy windows and what it is we do" says owner Vern Stacey. "Foggy windows are best described when condensation, mist or water droplets get trapped between the panes of a thermal unit indicating a ruptured seal in what was once an energy efficient airtight unit, not only can it look unsightly, it can also be an inconvenience, frustration and expense."

Over time all windows will lose their airtight seal and the window will become cloudy or foggy on the inside. Once the moisture or condensation gets trapped inside it is no longer an energy efficient



Vern

window and it will eventually cause the window to permanently look foggy or dirty.

At Clear-Vu Window Services they replace the thermal unit and not the entire encasement. "It's a non-invasive process" says owner Vern Stacey, "we remove the thermal unit with the ruptured seal and we replace it with a brand new energy efficient airtight thermal unit. We install it back into its original casing and it's like new again". The process is considerably less expensive

than replacing the entire encasement and it's backed by a 10 year warranty with a turnaround time four to six weeks.

Remember the name Clear-Vu Window Services, if your windows have seen better days and you are tired of looking through an ugly fog.

Servicing Kincardine, Ripley, Lucknow, and Saugeen Shores. Call 519-396-1500 for more information or to set up a free quotation. Open Monday-Friday 9-5pm by appointment, or by chance at 1044 Concession 5. Check us out on the web! www.clear-vu.ca.*

LET'S GET STARTED ON YOUR GREAT OUTDOORS

eisen LANDSCAPING

519-396-5913 eisenlandscaping.com

DON'T GET CAUGHT WITH YOUR PANTS DOWN

GIVE US A CALL
BLUEWATER SANITATION INC.

- RESIDENTIAL
- COMMERCIAL
- INDUSTRIAL
- CONSTRUCTION OR SEASONAL PORTABLE WASHROOMS
 - PORTABLE TOILETS DELIVERED SANITIZED
 - SPECIAL EVENT UNITS
- Wedding Trailers • Wash Stations
- Accessible Units

OVER 40 YEARS OF RELIABLE SERVICE
R.R.#1 Tiverton
519-368-5529
TOLL FREE 1-888-805-6481
bws@bmts.com
Fax: 368-7817

Lucknow PHARMASAVE

Save The Date Sales!

April 9-10 Dresses **30%** off All Dresses

April 26 Spring Open House Sale **35%** off in the Fashion Boutique & Gift Shop!

622 Campbell St. Lucknow Open M-F 9-6, Sat 9-5
519-528-3004 or find/like/follow us on Facebook

The Trails are Calling!

"Take a quiet walk with Mother Nature. It will nurture your mind, body and soul."

- Antony Douglas Williams, Canadian Writer.

Spring has sprung. The snow is melting, the birds are returning, and the daffodils will soon be poking their green stalks through the ground. And after this long Bruce County winter, what better way to shake off cabin fever than by getting outside and walking, hiking, running or cycling some of the – literally – thousands of kilometers of Bruce County trails.

You won't be alone in your pursuit, either.

Trail use is recognized as one of the top recreational pursuits in Ontario. According to the Ministry of Tourism, Culture and Sport, over 20 percent of Ontarians walk, run, trek and cycle the province's trail systems each year. And the number is growing annually. Bruce County is no exception. Every year thousands of residents and visitors alike make use of the area's wealth of natural pathways to commune with the great outdoors while improving their cardiovascular health, reducing stress, and even boosting their mood.

And the County has no end of trails to choose from. Be it the world renowned, 1300 km Bruce Trail that winds its way up the Niagara Escarpment, or the one km path that wraps around Fairy Lake in Southampton, hikers can get lost in Nature for an entire day or just an hour. Below is a sampling of what is on offer for those looking to get outside this spring and summer.

"Walking is man's best medicine." – Hippocrates.

The Bruce Trail. Canada's oldest and longest marked footpath, the Bruce Trail offers an array of ways to explore the natural beauty of the Niagara Escarpment ... on foot.

The brainchild of pioneer conservationist Ray Lowes, the vision was to create a trail that stretched from Niagara to Tobermory. Lowe got his wish. Working with provincial and local governments, private landowners, and like-minded volunteers, land approvals were obtained, trails constructed, and, in 1963, the Bruce Trail Association was incorporated. People have been traipsing the trail ever since. And whether you explore it on an afternoon hike or undertake the challenge of trekking it from end-to-end, walking the Bruce Trail is well worth the steps!

Bruce County Rail Trail. Stretching 80 km, the Bruce County Rail trail extends from the Bruce Power nuclear facility

up to Port Elgin, and from Port Elgin through the towns of Paisley, Walkerton and Mildmay. Built on railway lines that were used for train travel in the late 1800s and the first half of the 1900s, the Bruce County Rail Trail is a multi-use track that takes users past quiet farmlands, down wooded paths and alongside the Saugeen River. The Rail Trail has multiple access points and even boasts parking, outhouses, and benches along the route for taking breathers.

Kincardine Trails. For the past 25 years, the Kincardine Trails Association (KTA) has been helping local residents and visitors connect with Nature – one trail at a time. Formed from existing horse and cow paths, former railway lines, historic passageways and newly developed corridors, the stunning trail system takes users through, around and over the woods, ponds, rivers and neighbourhoods of Kincardine.

Broken into six distinct trails, the walkways provide challenges for every level of fitness. Walkers, runners and cyclists can traverse the **KIPP Trail**, trekking and pedaling up the Lake Huron coast from Kincardine to Inverhuron Provincial Park. Those choosing the Blue, Red and Green Trails can travel through ravines, along the banks of the Penetangore River, and past ponds where they'll glimpse dam-building beavers and nesting ducks. Then there is the Pink Trail, which takes users past the Kincardine lighthouse and Huron shoreline's oldest

standing dance hall, the Pavilion; not to mention the still visible skeletal hull of the Anna Maria, a schooner that went to her watery grave in 1902. And for ornithologists, the Yellow trail loops through a bird watcher's paradise.

"An early morning walk is a blessing for the whole day."

- Henry David Thoreau

And there are countless other trails to traverse in Bruce County. You can stroll from beach to beach along the **Shipley Trail**, connecting the Port Elgin Main Beach to Gobbles Grove Beach. Walk the wooded areas of Port Elgin along the **Biener Bush Trails**. Spot snapping turtles, ducks and swans – as well as a number of tree carvings that some say were

whittled by forest nymphs – on the scenic walkway that loops around Fairy Lake in Southampton.

There's the **North Shore Trail** that offers walkers, runners and cyclists breathtaking views of the Lake Huron shoreline as well as Chantry Island and its 165-year-old Imperial Lighthouse. The **Saugeen Rail Trail** that runs from Southampton to Port Elgin before connecting up with the Bruce Rail Trail. The list goes on.

So this spring and summer get out there and traverse beautiful Bruce County. Be it a leisurely stroll with the family, or a challenging hike with the walking group, there are pathways for all here. Just remember to wear comfortable walking shoes, pack plenty of water, take nothing but pictures ... and leave only footprints behind.

The trails are calling to you.



by Doug Archer

Elgin Lodge offers Retirement Living at it's BEST!

Life can be a bit of a roller coaster in today's world. When the ups and downs become overwhelming, finding a place of comfort, security, and peace is essential. Elgin Lodge in Port Elgin provides a welcoming refuge, a place where you can enjoy a vibrant, worry-free lifestyle, leaving day-to-day concerns to a dedicated and friendly team.

At Elgin Lodge, you can embrace retirement living with the added security of 24-hour care staff. No stressing about meal planning, household maintenance, or keeping occupied. Instead, you can focus on what truly matters—enjoying life, socializing, and staying active in a warm and supportive community.

Dining at Elgin Lodge is a delightful experience, served in our inviting dining room. Start your day at your own pace. Enjoy breakfast in your suite or indulge in a made-to-order morning meal. Our meals are thoughtfully planned by our Red Seal Chef, ensuring variety, nutrition, and satisfaction, served tableside with no need to order in advance. Simply choose what you're in the mood for at the moment. Two entrée choices at each. Dietary restrictions? Our team is happy to accommodate special dietary needs.

Elgin Lodge offers a range of suites. With 15 suite layouts from 325sf to 711sf, you can select a space that suits you. Whether you prefer a cozy studio or a spacious one-bedroom suite, all units feature a kitchenette, a private bathroom, and independently controlled heat. Some suites offer air conditioning and outdoor access (patio, deck, or balcony).

The Lodge allows residents to age gracefully with care staff available 24/7. Lifestyle options include an in-house call bell, weekly housekeeping, sheet and towel laundering, reasonable maintenance, and more. Need additional assistance? Move up to the Supportive

package, where staff will administer medications, do personal laundry and assist with bathing.

You deserve a stress-free, fulfilling lifestyle in a welcoming community. You deserve Elgin Lodge—Retirement Living at Its Best!*



Elgin Lodge
RETIREMENT LIVING

519-389-5457 Ext. 105
www.elginlodge.ca
sales@elginlodge.ca



🍁🍁 Family Owned and Operated Since 1984. 🍁🍁

Oil Changes, Rust Prevention and many more Related Services

FAST, NO APPOINTMENT, WARRANTY APPROVED

No extra charge on Synthetic Filters for most Vehicles

KQL KINCARDINE QUICK LUBE KQL

Choose from over 25 grades of Engine Oils for...

New Vehicles, European Models and Diesels too!

190 Queen Street, South #14 (at the back of the Trade Centre)

519-396-9115 • kqlube@bmts.com • follow us on 

New Extended Hours of Operation. Weekdays 9-6 & Saturday 9 to 1

🍁🍁*We are in NO way AFFILIATED with our COMPETITIONS products*🍁🍁

The Importance of Boat Insurance on the Shores of Lake Huron

Ontario's stunning Lake Huron shoreline attracts boaters of all kinds, from casual weekend sailors to avid fishermen. While the open waters offer incredible experiences, they also come with risks - making boat insurance an essential investment for protecting your vessel, passengers, and financial well-being.

Why Boat Insurance Matters in Ontario

Although boat insurance is not legally required in Ontario, many marinas, lenders, and storage facilities require proof of insurance. Without it, boaters could face significant financial burdens in the event of an accident, storm damage, or theft. One misconception is that your boat is covered by the insurance policy of the towing vehicle. This is partially true; there is liability coverage for any damage the boat may cause to others while being towed by your vehicle as part of your auto policy. However, any damage to your boat while it's being towed is not covered and there is no coverage at all once it is no longer being towed.

Key Risks for Boaters on Lake Huron

Unpredictable Weather and Rough Waters •Lake Huron is known for its sudden weather changes, strong winds, and large waves, which can lead to capsizing or damage.

•Insurance can cover storm-related losses, including hull damage or total loss of the vessel.

Collisions and Liability Risks

•Busy boating areas like Tobermory, Kincardine, and Port Elgin see high traffic, increasing the chances of accidents.

•Liability coverage protects against injury claims and damage to other boats or docks.

Theft and Vandalism

•Waterfront properties and marinas are common targets for boat theft and vandalism.

•Comprehensive insurance covers stolen boats, equipment, and onboard personal belongings.

Environmental & Pollution Coverage

•If your boat leaks fuel or oil into Lake Huron, you could face environmental fines.

•Many boat insurance policies include pollution liability coverage to help with cleanup costs.

Personal Watercraft (PWC) Risks

•Jet skis and other personal watercraft are smaller and more maneuverable but are also at higher risk of collisions due to their speed.

•Insurance covers liability in case of

BY
TODD
FARRELL



Are You Covered?

injuries to riders or others and can also cover theft or damage to the PWC itself.

What Does Boat Insurance Cover?

An Ontario boat insurance policy typically includes: •Liability Coverage - Protects you if you cause injury or property damage.

•Comprehensive Coverage - Covers theft, fire, vandalism, and weather-related damage.

•Collision Coverage - Pays for damage to your boat if it hits another vessel or object.

•Emergency Towing and Assistance - Helps if your boat breaks down on the water.

Boating on Lake Huron's beautiful but unpredictable waters comes with inherent risks. Investing in boat insurance ensures peace of mind, allowing you to enjoy the water without financial worry. Before setting sail, speak with your insurance broker to find the right coverage for your needs.



KINCARDINE GOLF & COUNTRY CLUB

2025 Membership Rates

(All Prices are Subject to HST)

Adult (Age 40-64)	\$1299	Senior (65+)	\$1249
Couple (Age 40-64)	\$2149	Senior Couple	\$2099
Family*	\$2499	Generation NEXT (30-39)	\$959
Junior (Age 13-18)	\$329	Intermediate (19-29)	\$829
Youth (12 and Under)	FREE**		

*Family Membership includes a couple plus any dependants 18 and under **Free ONLY when accompanied by Adult Member or Adult Paid Green Fee
For all of 2025 rates or for more information, go to www.kincardinegolfclub.com or email: kgccproshop@gmail.com



We have you covered,
so you can focus on
what really matters.



MILLER
INSURANCE BROKERS

1 (800) 265- 3000

www.millerinsurance.ca

INSURANCE. BUT BETTER.

Build Your Dream Outdoor Oasis - Utopia Decks Smart Strategies'

As the snow begins to melt and the promise of spring emerges, many homeowners in Bruce County are dreaming of upgrading their outdoor spaces with a new deck or fence. However, with recent import tariffs driving up the cost of construction materials, planning ahead has never been more important. At Utopia Decks, we're here to help you navigate these challenges and create the outdoor oasis you've always wanted - without breaking the bank.

One of the best ways to combat rising costs is to source Canadian-made construction materials. By choosing locally produced wood, composite, or PVC decking and fencing materials, you can avoid the added expenses of import tariffs while supporting Canadian businesses. Not only are these materials often more affordable, but they're also designed to withstand Canada's unique climate, ensuring your project lasts for years to come.

At Utopia Decks, we've built strong relationships with Canadian suppliers, allowing us to offer competitive pricing on high-quality materials. Whether you're looking for the timeless beauty of cedar, the durability of composite, or the low



James Beeksma

maintenance of PVC, we can help you find the perfect fit for your project and budget. Spring is the ideal time to start planning your deck or fence project. By reaching out to us now, you can lock in material prices, secure your spot on our schedule, and avoid the last-minute rush. Our team will work with you to design a custom solution that meets your needs and complements your home's aesthetic.

Don't let rising costs delay your outdoor

dreams. Contact Utopia Decks today to begin planning your project. Together, we'll build a space where you can relax, entertain, and enjoy the beauty of spring and summer in Bruce County.

Call us at 647-952-6677 or visit www.UtopiaDecks.com to get started. Let's make 2025 the year your outdoor vision becomes a reality!*



**UTOPIA
DECKS**
Outdoor Oasis Pros



**Manufacturer of
Precast Concrete Products**

- Septic Tank Pumping Service
- Septic and Holding Tanks
- Sewer • Water • Drainage Products
- Aggregate and Decorative Stone
- * Ready Mix Concrete

Porter's

4 Washington St.
RR # 1 Lucknow, NOG 2H0

www.porters.ca

519-528-3537 • Fax: 519-528-2025

MACHINE SHOP SERVICES

- lathe and mill work
- custom fabricating, plasma cutting and welding
- steel, aluminum and stainless utilizing Stick, MIG and TIG processes

Industrial supplies including:

- Gr.8 bolts in national course
- national fine & metric threads

We are a stocking depot for Canada Steel to supply you with all your raw steel needs.

Kincardine's Huronia Welding Supply depot stocking pressed gases and welding consumables.

Cottrill

HEAVY EQUIPMENT
244 Queen St., Kincardine
519-396-3330

wmshop@cottrill.ca



DISHEVELING!

AN EXTRAORDINHAIRY EXHIBITION

Disheveling!
An ExtraordinHAIRY Exhibition

May 15 - September 1

You're within a hair's breadth of discovering everything about HAIR. Humans, plants, and animals show off their best attire, their hair, and the fine-tooth comb of science unentangles it all. Welcome to the world of hairy creatures!

Proudly presented by



Media partner



This exhibit is produced by Sherbrooke Museum of Nature and Science in collaboration with Télé-Québec and contribution from Heritage Canada.

brucemuseum.ca

Star Wars themed Hike for Hospice May the 4th

The 'Friends of the Treasure Chest Museum' are celebrating 'Archives Week' by having Dorne Fitzsimmons come and speak about the Bruce County Historical Society and their mandate. This informative talk will take place on Friday, April 4 at 2pm. Admission is by donation. Come and enjoy an informative afternoon. Everyone is welcome.

As always, the Paisley Legion Branch 295 has lots of activities for everyone to join in. On Saturday, April 5 you will want to take in the 'Stand Up Comedy Show' with Jen O'Reilly. The show starts at 7pm and admission is \$15 per person. On April 26 there will be a 'Beach Party' with reggae music by the 'House of David Gang'. Doors open at 8pm with music from 9pm to midnight. Admission is \$15 per person. Also, don't forget there are Jam sessions taking place every Thursday from 7-10pm. There is so much great musical talent in this area so plan to attend for an enjoyable evening.

The OSGA District 27 55+ Games will be taking place in May and June in the communities of Arran-Elderslie, Brockton, Hanover and Kincardine.

BY
SHERYL
STEINHOFF

Paisley Current



There are many events including multiple card games, crokinole, golf, pickle ball, shuffleboard and many more. Contact your local recreation department or call Ellen at 519-396-3885 for more details.

Arran-Elderslie will be opening pool registration on May 1 for swim lessons at the Chesley Community Pool and the Tara Rotary Pool. Visit arran-elderslie.ca for more details.

In 2014 plans began for the creation of the Saugeen Hospice which will create an environment of peace, comfort and dignity for those at the end of life as well as their families. This project is part of a larger effort to expand palliative care services across Ontario. The fundraising goal is \$10 million. 'Hike for Hospice'

is one of the many fundraising projects planned and it will take place on Sunday, May 4 in Paisley. The event kicks off at noon with registration and the opening ceremony followed by the hike at 1pm. If you are looking to enjoy a scenic stroll in support of this worthy cause please plan to pick up a pledge sheet at the Paisley Pharmacy. With the event happening on May 4 there will be a Star Wars theme so if you are interested be sure to come dressed in your Star Wars costume. Like so many other events volunteers are needed with the planning of the event as well as on the day of the hike. If you are interested in volunteering, please contact Joan Stewart at 519-270-0712, Leeanne Walker at 519-375-7415 or Barb Sinclair at 519-375-6099. Get your hiking shoes ready, gather your team and prepare for a day of fun, community and support. May the Saugeen Hospice 4th be with you!

If you have an event you would like mentioned in the next issue, please contact me at 519-832-7496 or email me at thesteinoffs@hotmail.com. Until next month, please remember to be kind to each other and be happy and healthy.

Golf Car Project, Socials and Fundraisers!

Start the month off by attending the Ripley Curling Club's 60th Anniversary Fundraising Event on April 5th from 5pm to midnight at the Ripley Arena, 17 Queen St., Ripley. Enjoy a delicious dinner catered by Burke's from 5-8pm, followed by entertainment from Local Anesthesia and Adam Cousins. A cash bar will be available throughout the evening. Tickets are \$50, with all proceeds supporting the Ripley Curling Club's ongoing efforts. For tickets, contact Pat at 519-395-3401.

April 5th, join the Lucknow and District Horticultural Society for their Dessert Social Fundraiser at 2pm at the Lucknow Town Hall Theatre. Indulge in delicious treats while listening to guest speaker Ethan Meleg, an Outdoor and Nature Photographer, present "Confessions of a Crazy Photographer." Tickets are \$20, and for more information or to purchase tickets, call 519-812-1222 or email lucknowhorticulturalsociety@gmail.com.

On April 7th, Huron Shores Hospice is hosting a Death Café from 1-3pm at Ripley Physical Therapy and Wellness. This welcoming space encourages open,

BY
KRISTEN
PRENTICE

Ripley/Lucknow Happenings



non-judgmental conversations about death and dying, offering a chance to connect and share thoughts on life, loss, and what it means to face the end of life. Enjoy coffee, tea, and cake while engaging in meaningful dialogue. To RSVP, call 519-368-8812, email barbara@huronshoreshospice.ca, or register online at huronshoreshospice.ca/community-programs.

Don't forget the Lucknow Presbyterian Church's Soup and a Bun Luncheon with dessert on April 9th from 11:30-1pm. By donation, this event supports the cost of Messy Church activities and events. Join us for a warm and welcoming meal while giving back to the community.

The Annual Easter Egg Hunt in Ripley takes place on April 19th at 11am at Lewis

Park, hosted by Rosewood RVilla, and Lucknow's Easter Egg Hunt will be the same day in Lucknow at Lions Park hosted by the Lucknow Kinettes. These family-friendly events offer a chance to make memories and spot the Easter Bunny!

Finish off the month with the Spring Market and Legion Luncheon on April 27th from 11-3pm at the Lucknow Legion. Admission is a donation to the Lucknow Central Public School Library Revitalization. Enjoy a bowl of soup or chili with a bun for just \$8 while supporting the local community. For more information, contact Lindsey Raymond at 519-531-0329 or email lindraym@gmail.com.

The 2025 Golf Car season opens April 1st and runs until November 30th. To drive a golf car in the Township of Huron-Kinloss, your golf car must be registered in the Huron-Kinloss Golf Car Pilot Project and adhere to all provincial regulations. 2025 Golf Car Registration forms as well as the Golf Car Pilot Project Regulations and Requirements can be found online at www.huronkinloss.com/Golf-Car-Pilot-Project. The annual fee to participate in the pilot project is \$60.

A pedorthist's tips for enjoying spring



Laura
C.Ped(C)
B.A. Kin

Now that the winter season is behind us - spring is finally here! Spring is a busy time for me as a pedorthist as many people find they have an increase in pain and discomfort. There are a number of reasons for this.

•**Change in environment.**

Our surroundings change during these months as the snow melts away, the ground softens and plants and flowers start to bloom. Uneven paths and muddy trails are now the norm and our body and natural foot and leg stabilizers have to kick in and work over time to keep us upright. This can cause some overuse injuries if we don't take the time to adjust slowly.

•**Change in footwear.** This time of year we are typically throwing our boots and full coverage shoes to the back of the closet and pulling out something less cumbersome: Birkenstocks, Crocs, flip flops, loafers. This footwear is much less supportive and can often take our feet a while to get used to.

•**Change in activity levels.** Sunshine is shining and we want to enjoy it! Many people start getting outside for walks, running, hiking and biking. I'm not saying don't enjoy - I'm just saying ease into your activity if you haven't been as active during the winter months.

Often, these three changes result in an increase in pain and discomfort of the lower body. Sometimes this is something that our body adjusts to quickly, however if you find that your pain is lingering longer than you would like it to, it might be something to have assessed by a pedorthist.

Laura Van den Borre at Maple Shores Health Centre can perform a full pedorthic assessment and will discuss a treatment whether it is custom orthotics, compression socks, change in footwear or a stretching/strengthening routine. **If you would like to book an appointment please call 519-832-4500 or visit www.alignpedorthics.com to book online.***



Maple Shores Health Centre
593 Mill St. Port Elgin 519-832-4500
www.alignpedorthics.com



Lucknow Auto Parts Supply
37521 Amberley Rd.
Lucknow
519-528-2220
lap@porters.ca

Queen Street South Auto Parts
252 Queen St.
Kincardine
519-396-1515
spikes@porters.ca

HUGE INVENTORY OF CAR & TRUCK PARTS
Wheels • Rims • Body Shop Supplies • Batteries • Hand Tools

New Name - Same Location with Great New Services!!!

QUEEN STREET AUTO GLASS & DETAILING
226-396-2266
252 Queen Street Kincardine



HELP WANTED

LANDSCAPE LABOURER

Pay Commensurate with experience

- interlocking stone •retaining walls
- sod •planting •water features
- natural stone installation

Experience and passion in this field is necessary!

Email resume to: scenicalterations@gmail.com

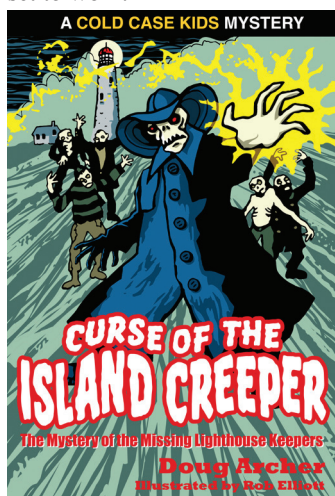
Valid driver's license required

scenic alterations LANDSCAPING COMPLETE LANDSCAPE & DESIGN SERVICES
519-396-4433 • HWY 21 KINCARDINE • scenicalterations@gmail.com

Curse of the Island Creeper - part four of the Cold Case Kids' series

Full disclosure: this month's column is about me. More precisely, it's about the release of my fourth book, *Curse of the Island Creeper – The Mystery of the Missing Lighthouse Keepers*.

But let me step back a moment. Ever since penning my first story in grade three - a spine-tingling tale of giant Tarantulas attacking a small town - I've had a passion for writing. Over the decades I have indulged that passion, crafting hundreds of articles and stories for newspapers and magazines across North America. But that wasn't enough. I had it in my mind to write a book. So when I retired just over a decade ago, I set to work.



The result was *Ghoul's Gold*, the story of three 11-year-olds - known as the Cold Case Kids - who go hunting for treasure on Chantry Island, riches left behind by pirates of the Great Lakes. The book turned out to be a hit! Thousands and thousands of copies sold. I was invited to schools and libraries across the province to give author readings. I did book signings at Chapters and Indigo stores. Before I knew it, readers were even asking for a sequel.

That demand led to the release of the second book in the Cold Case Kids Mystery Series, *Legend of the Phantom Reaper – The Mystery of the Southampton Shipwrecks*. Then came *Dead Man's Tale*. And now, *Curse of the Island Creeper* has just hit stores.

In this fourth book, the Cold Case Kids, Brogan, Brycen, Heather, and now Margot, along with their zombie friend Angus, are thrilled to be spending three fun-filled days at Camp Lighthouse on Chantry Island. Until a mysterious fog rolls in ... and the island is cut off. Then all kinds of strange things begin to happen.

A ghost ship rises from Lake Huron.

BY
DOUG
ARCHER



Portrait of a Retiree

Decaying mariners shamble forth from their watery grave. And a cloaked figure emerges out of the fog in search of something long ago lost. The kids soon learn they must solve the mystery of the cloaked figure's

search ... or be trapped on Chantry Island ... forever. Beware the Curse of the Island Creeper!

Although marketed as a novel for readers aged eight to 13, *Curse of the Island Creeper* (like the other three books in the Cold Case Kids Mystery Series) is actually for everyone – because you're never too old for a mystery adventure! So I hope you'll pick up a copy of the book for your kids, your grandkids ... or the kid in you.

Curse of the Island Creeper is now in stores in Port Elgin, the Bruce County Museum and online Amazon.ca or by contacting me directly at archer@bmts.com.

HURON SHORES CREMATION

Services Limited

Simple and affordable cremation

Preplanning and prepayment options available

Call us at any time for immediate assistance

Port Elgin and Owen Sound 1-888-234-8990

www.huronshorescremation.com

Serving Bruce and Grey Counties and surrounding areas.
Your wishes, Your way



Kyte • Cuddle+Kind • Itzy Ritzy • Jellycat • Easter Books • Baby Registry

Back soon by popular demand:



Coming soon:

Ms. Rachel

Play and sing along with your favorite Ms. Rachel moments with a huggable, interactive, touch-activated Speak & Sing Doll.



Easter Hours: Good Friday 11-4pm • Saturday 10-4pm • Closed Sunday and Monday



The
Playful Piper

• BABY & KIDS BOUTIQUE •

775 Queen St., Kincardine

519-396-PLAY (7529)

www.playfulpiper.com

Monday-Friday 10-5 • Saturday 10-4 • Sunday & Monday closed
Visit us 24/7 online at www.playfulpiper.com



GBPH offers tips during Oral Health Month

April is Oral Health Month in Canada. This month-long event encourages Canadians to have a better quality of life by adopting better oral health habits.

Basic oral health care at home includes:

- Brushing twice daily – for two minutes with a soft toothbrush and fluoridated toothpaste. Don't forget to reach the back and inside surfaces of the teeth and along the gumline.

- Flossing daily – to get to the in-between surfaces that a toothbrush cannot reach.

- Using a fluoridated mouth rinse, which can decrease cavity susceptibility.

Regular brushing, flossing, and visits to a dental health professional can help to prevent tooth decay and gum disease. Eliminating tobacco use and eating healthy foods are also important for good oral health. You play the biggest role in your dental health.

For people who wear dentures, whether full or partial, it is still important to practice good oral care at home. It is important to maintain your denture, as you would natural teeth.

Grey Bruce Public Health recommends:

- Removing dentures nightly to give your mouth a break. Overnight, dentures can be left in water or a denture-cleaning solution.

- Cleaning your dentures with a soft brush and denture paste to remove plaque and tartar.

- Individuals with dentures should visit the dentist at least once annually. This allows the dentist to check the mouth, tissues and fit of the denture and make any necessary adjustments.

Good oral health is key to good overall health and well-being. It can help you maintain a healthy lifestyle and prevent various diseases and conditions. Your oral health can also offer clues about your overall health and problems in your mouth that can affect the rest of your body. Periodontal disease, for example, has been linked to more serious illnesses, including lung disease, diabetes, and heart disease.

Eligible seniors from low-income households can receive free dental services through the Ontario Seniors Dental Care Program. This government-funded dental care program provides free, routine dental services for qualifying seniors 65 years of age and older.

Coverage includes:

- Check-ups, including scaling, fluoride and polishing
- X-rays

BY
TAY
MORRISON
GREY BRUCE PUBLIC HEALTH
DENTAL HEALTH EDUCATOR

Seniors Situation

- Anesthesia
- Repairing broken teeth and cavities
- Removing teeth or abnormal tissue
- Treating infection and pain
- Treating gum conditions and diseases



Grey Bruce
Public Health

Dentures are also covered under the program, but there is a small portion clients will need to pay for the service.

Grey Bruce Public Health provides services under the Ontario Seniors Dental Care Program at its clinics in Owen Sound, Walkerton, Wiarton, and Markdale.

Please note, GBPH clinics are not walk-in clinics. Appointments are required.

For more information about the Ontario Seniors Dental Care Program or to apply, please contact Grey Bruce Public Health at 519-376-9420, Option 8, or visit www.ontario.ca/seniordental.

LAKESIDE
CHEVROLET BUICK GMC

Premium
Express **VEHICLE MAINTENANCE**

NO APPOINTMENT NECESSARY
30 MINUTES OR LESS
FULL SYNTHETIC OIL & FILTER CHANGE

CARS FROM
69^{.95} +HST

**Up to 5L of DEXOS 5W30 full synthetic oil

TRUCKS FROM
89^{.95} +HST

**Up to 8L of DEXOS 0W20 full synthetic oil

Health Check and Summer Tire Change
69^{.95} +HST Summer Tires on rims

WE STORE TIRES \$45/SEASON

519-395-3367 www.lakesidegm.com
833 Durham St. Kincardine, ON

GMC Certified Service



Our favourite features available
Every Day!

Philly Cheese Steak

thinly sliced beefsteak and
melted cheese on an onion hoagie

Smoked Ham & Swiss Melt

deli smoked ham with swiss on a croissant

Tuna Cheddar Melt

tuna salad with cheddar on a kaiser

Double Smoked BLT

double smoked bacon with cheddar cheese,
lettuce, tomato and mayo

Reuben on Rye

corned beef, swiss cheese,
sauerkraut, reuben dressing on rye

Chicken Parmesan on a Ciabatta

deli cooked chicken parmesan,
marinara sauce topped with parm petals



HOT DINNERS • Personal and Family

Monday
Pot Roast

Tuesday
Turkey

Wednesday
Ham

Thursday
Ribs & Chicken

Friday
Meatloaf

Made Fresh Daily

Don't be disappointed! Call ahead to reserve.

AVAILABLE FOR PICK UP ~ MONDAY-FRIDAY BETWEEN 4-6PM



BURKE'S
CATERING
& DELI

519-396-2111

Kincardine Avenue, Kincardine
Monday-Friday: 11-6pm

burkescatering@hurontel.on.ca

Find
us on

