

THE **Marketplace** February 2024 \$2.50
MAGAZINE



Travelling war museum

Discover your local ONE-STOP SWIM SHOP at PENETANGEAR

For over nine years PENETANGEAR has offered the largest range of chlorine resistant swimwear and swim training equipment in the Bruce Grey area. While COVID has been hard on the swim industry we've listened to our customers requests to bring in better fitting ladies pool swimwear.

NEW Australian swimwear brand FINZ, has arrived at Penetangear. Specializing in chlorine resistant

swimwear for women, FINZ offers a good variety of one-piece swimsuit styles in sizes 6 to 22. Customize your level of support with FINZ swimwear.

FINZ joins our head-to-toe swim range for women, men and kids including leading brands such as Speedo, Arena and TYR. From club swimmers to lap swimming, discover the perfect fitting goggles for you. Try before you buy! We insist on **FITTING YOU RIGHT**.



Join us this winter for our **FREE POOL CLASSES**

AQUAFIT CLASS

Tuesday Feb. 6th 9.30-10.15am

LATIN POOL CARDIO

Wednesday Feb. 21st 9.30-10.15am

AQUAFIT CLASS

Thursday March 7th 9.30-10.15am

AQUAFIT CLASS

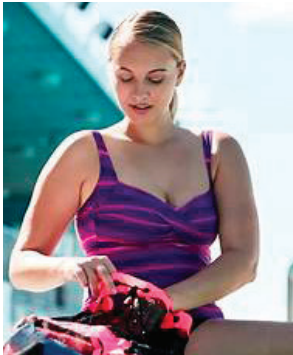
Monday March 18th 8-8.45am

EASTER FAMILY SWIM

with Blinky Sunday March 31st

Location: Davidson Centre, Kincardine

To register or for details call 519.396.3491



PENETANGEAR

791 Queen Street, KINCARDINE
www.penetangear.com
 Talk: 519.396.7791 Text: 519.706.0335
 OPEN Tuesday to Saturday 10am-6pm • Sunday 10am-4pm



HELP WANTED

LANDSCAPE LABOURER

Pay Commensurate with experience

- interlocking stone • retaining walls
- sod • planting • water features
- natural stone installation

Experience and passion in this field is necessary!

Email resume to: scenicalterations@gmail.com

Valid driver's license required

scenic alterations
LANDSCAPING

COMPLETE LANDSCAPE & DESIGN SERVICES



519-396-4433 • HWY 21 KINCARDINE • scenicalterations@gmail.com

Open Every Day
starting at 11am
Breakfast Menu
Saturday and Sunday 11-2pm

Superbowl Sunday
February 11

Valentine's Day
February 14
Call for Details & Reservations Recommended
Live Entertainment
John Stewart 5-9pm

CLOSED FEBRUARY 19 - FAMILY DAY

St. Patrick's Day
Sunday, March 17
The Happiest Day of the Year

Where **great food** and **great friends** come together!

71 King Street, Tiverton
519-368-7171
www.kingspearlpub.com

Marketplace

Vol. 35 No. 2



Alex Peroff and his girlfriend Kayla Murray remember Canada's war efforts with their travelling war museum.

Photo Courtesy of Kayla Murray.



Linda Deborah Pannell
June 21, 1947 - December 7, 2023

From the Sunny Side

Over the past 10 days the one phrase that keeps coming up is “your mom was a classy lady”. We agree and we’ve often marveled at her resilience and how she carried herself with class given her challenging upbringing with no one to show her the way. Her family really began when she married dad, her dreamboat, and she began to plant roots.

Being with dad made her quick witted and tolerant and her sense of humour was bar none as it grew with each adventure dad would take her on. Being married to a salesman, she never knew what was coming out of the trunk, but she rolled with it. She never wanted to be the centre of attention, but dad always seemed to have other ideas. He may have made her crazy but there was no denying they loved each other deeply.

Family was most important to her. She used to say that she must not have treated her family well in her past life and her lesson in this life was to appreciate her family; and that she did. Family gatherings were of the utmost importance to her. She felt so blessed that both her daughters and all her grand children were close by, and she was able to see them and enjoy them often. She joked that we only made girls in this family, but she loved her boys too. Mom had a hand in Wayne and Deb getting together and was pleased with herself for this and she often joked that Anthony was the daughter she always wanted.

She was thrilled to find her roots and family connection later in life. Meeting her first cousin John and discovering she was from Nova Scotia meant the world to her. We also figured out where her nose came from! In her first introduction to her half sister Marcia, both were dressed in black turtleneck, gold hoop earrings and glass of white wine in hand. She found her people.

If you were a friend of mom’s, you will know that she was loyal, kind, generous and would listen without judgement. She was also just a whole lot of fun! She loved to gamble and was a great poker player; although she had no poker face. Her happy place was the casino, especially when she was winning. Any chats with her, you would soon discover she was well read, loved history and had a voracity for knowledge. She would have been a great jeopardy contender!

Mom was a private person and did not want people to make a fuss. Her last months were spent quietly supported lovingly by her family. It was a privilege to take care of her and to be able to spend this time with her and to honour her wishes to remain at home. For anyone who knows me you will know that I slept with mom for longer than a child probably should, and we joked that things had come full circle with me sleeping with her again. We spent time talking, watching movies and laughing-- she had her sense of humour until the end.

Mom is interwoven so deeply in our lives, and she is in each and every one of her girls. She will always be with us.

With love, Deborah and Melissa.

Feature Story

Page 9

Alex Peroff of Kincardine has over 3000 pieces of World War I and World War II memorabilia – and he’s been taking them on the road as part of his travelling military museum. “It’s about keeping the memories of service men and women alive,” he says.

Sunny Side	3	Ripley/Lucknow	10
Historically Speaking	5	Between the Covers	11
Rooftops	6	Portrait of a Retiree	12
Saugeen Shores	7	Paisley Current	12
Are You Covered	8	Seniors Situation	13
Feature	9	Dear Liz	14

Marketplace

is published the first of each month and is distributed by mail to 13,000 homes and businesses, reaching Kincardine, Tiverton, Ripley, Lucknow, Point Clark, Holyrood, Paisley, Port Elgin and Southampton.

Founding Publisher James Pannell

Publisher Deborah Pannell
Design/Prod Heidi Burger
Editorial Staff Doug Archer
Sarah Chisholm
John. F. Adams
Production Brenda Fabry
Contributing Editor Jeska Curry

The Marketplace Magazine

908 Queen Street, Box 523
Kincardine, Ontario N2Z 2Y9
Phone and Fax: 519-396-9142
1-877-396-9142

email: marketplace@bmts.com www.themarketplacemag.com
Pub. Mail Agreement #40032950 * Paid advertisement.

Locally owned and operated since 1989.



Our columnists are selected for a knowledge in their subject areas. Their statements and opinions, therefore, are their own and not those of the publisher.

A safe, successful 2023

It was a year of progress for Bruce Power with the culmination of projects years in the making and the possibilities of new ones on the horizon and expanding medical isotopes helping in the global fight against cancer.

“As we look back on 2023, there’s so much to celebrate for those who work with Bruce Power and in the nuclear industry,” said Mike Rencheck, Bruce Power’s President and CEO. “Our people, our communities, and our partners have a lot to be proud of as we continue to support our communities and provide clean, reliable electricity to the province and cancer-fighting medical isotopes to the global health-care community.”

Bruce Power brought its renewed Unit 6 back online ahead of schedule after a successful Major Component (MCR) outage to provide safe, clean and reliable power for the people of Ontario for decades to come. The company also began its Unit 3 MCR outage, leveraging lessons learned and strong performance in Unit 6. Unit 7 set its continuous operation record of over 520 days continuous operation which advances into the new year. The company continued to use its reactors not only as a source of clean energy, but as a provider of much-needed medical isotopes for the world health-care community. Bruce Power harvested its largest historical shipment of cobalt-60, used to sterilize billions of single-use medical devices and in targeted cancer treatment, and also was able to increase its capacity to produce cancer-fighting



John Peevers
Director, Community
and Media Relations

lutetium-177 through innovations to its Isotope Production System.

The Ontario Government made big news in the summer when it included Bruce Power in its Powering Ontario Growth Plan to study the feasibility of adding new nuclear to the already established site.

Here are just a few of the many highlights from Bruce Power’s achievements in 2023:

Unit 3 was removed from service to begin its MCR outage and the defuelling milestone was completed 16 days ahead of schedule.

Bruce Power notified the Canadian Nuclear Safety Commission (CNSC) and the Impact Assessment Agency of Canada (IAAC) of its intent to launch an Impact Assessment (IA) for potential new nuclear generation on the Bruce Power site including early community, Indigenous and public engagement.

In August, Bruce Power’s Unit 6 achieved a sustained fission chain reaction which creates the heat needed to produce electricity, known in the nuclear industry as ‘first criticality.’ Unit 6 was declared commercially operational Sept. 14, 39 years to the day of its first in-service date in 1984.

After being on hand Dec. 2, in Dubai to witness Canada and more than 20 other countries launch a declaration to triple global nuclear generation capacity by 2050, Bruce Power signed a Net Zero Nuclear Industry Pledge to help achieve this lofty goal.

Accents

...new arrivals daily...

- Wrendale
- SOAK
- Michel Designs
- Bath & Self Care
- Novelty Items

Order on-line at accentsgiftshop.com - new items added daily

775 Queen St. Kincardine 647 Goderich St. Port Elgin

519-396-3434 **519-832-GIFT**

Monday-Saturday 10-5pm Tuesday-Friday 10-5 • Saturday 10-4pm

Be Mine ♥♥♥

*Re-opening
February 6th!*

Jbs lingerie
jbslingerie@gmail.com
519-396-4455

• Tuesday-Saturday: 10am-5pm

follow us on instagram and Facebook

watch for jbs men's opening soon!

Bowman & Zinkan had one of the largest tanneries in Ontario

September 1880, Southampton Council granted Isaac Bowman several acres of land at the outlet of what was then known as Little Lake. The condition of this transaction (and by-law 172) was for Bowman to erect a tannery with no less than 80 single vats. The tannery was built in 1881 and operated under the name Bowman & Zinkan.

By 1888 they had 20 full-time employees and had constructed a larger main building. By 1900, the tannery was one of the largest in Ontario, employing over 100 people. In addition to the main buildings, the tannery featured a leech house, bark house, beam house, dry house, and bark stacks.



The company processed 2500 cow hides a year using 2000 cords of tan bark from hemlock trees brought in from the peninsula and from Henry Cargill's lumber operation. Except for select hides sourced from local businesses, most were imported from South America. To process the hides, they were first cleaned in the beam house and then soaked in a saltwater solution. Hemlock bark was ground up and soaked in cold water for several days to create tannin extract. The hides were then dipped continuously into the tanning solution. This process made the hides less water-soluble and more resistant to decomposition, and could take up to two weeks. The hides were then rolled dry and sometimes treated with oil. The finished leather would be shipped by train to Toronto and Montreal. Bowman & Zinkan primarily produced Spanish sole leather from kipskin leather, which is graded between cowhide and calfskin.

At 9:15pm on July 31, 1900, Southampton was alarmed of a fire that broke out in the tannery. By 10pm the fire moved to the upper building and became out of control.

BY
KRISTA KELLER
BRUCE COUNTY MUSEUM
& CULTURAL CENTRE
ARCHIVAL ASSISTANT



Historically Speaking

Many citizens attempted to extinguish the fire, but only a few minor structures and some inventory survived. Over 100 people lost their jobs that night, which was a devastating economic blow for Southampton.

The cause of the fire was never determined and Bowman & Zinkan never rebuilt. A piece of the tannery's machinery is still visible on the Fairy Lake trail.

Sources:

"Disastrous Conflagration" *The Times*, 2 August 1900.

"P. Cress & Co.'s, Tannery" *The Port Elgin Times*, 1 November 1888.

Hilborn, Robin R. "Southampton Vignettes: A brief history of a Lake Huron town." *Southampton: Family Helper Publishing*, 2010. Print.

Reynolds, John et al. *The Bowman and Zinkan Tannery Southampton*. [19--].

2024 SPORTAGE



starting at
\$32,994

*HST and licensing extra.
Financing Available from 5.99%



Movement that inspires

5 YEAR
100,000 KM
WARRANTY

- Powertrain
- Roadside Assistance
- Comprehensive
- 100% Transferable

- Military Benefits
- Mobility Assistance
- Grad Rebate

Kia of Owen Sound
519-371-4447 | www.kiaowensound.ca

Follow us to learn more.

New Year, New Floor!

Warm up your home with new carpet.

Let us help you with your flooring project from start to finish!



Select carpet on sale.

Call us or stop by today!



Ellis Floor Coverings

4190 Hwy #9, Kincardine (Kinloss) • 519-395-3990

www.ellisfloorcoverings.com

Family owned and operated business in Kinloss.

Emerald Ash Borer - what the future may look like

It's pretty common knowledge that most of our Ash trees have succumbed to the Emerald Ash Borer (EAB). So, here's a quick rundown of what has taken place, what's being done to combat the beetle, and what the future may look like.

The EAB is native to Korea, Japan, China, and Eastern Russia. Originally, we were told that cold weather can kill it, but looking at the weather of where it originated dispels that idea. It can survive our winters just fine.

It first entered Ontario at Windsor in 2002 in wood packaging materials, and pallets. A wide swath of Ash trees were removed from all woodlots between Lake St. Clair and Lake Erie to stop the spread. This failed for two reasons, firstly, the insect can fly and be carried in the wind, and secondly was through the transportation of firewood.

It was first detected in Bruce County in 2012. At that point in time transporting firewood was blamed for the spread. We now know that firewood may have contributed, but there was no stopping the infestation. In 2020 the Canadian Food Inspection Agency, which regulates invasive species, moved the designated area of infestation to north of Sault St. Marie, most of Southern Quebec, all of New Brunswick, and parts of Nova Scotia.

The northern limit of its spread is now likely the northern limit of where Ash trees grow. At this point in time, moving firewood around our local area is no longer an issue.

It is able to infest any tree as small as one inch in diameter. The question is; will ash trees be completely extirpated from our woodlots? It may seem a likely feat during our lifetime, but in reality, probably not. Ash is a very prolific tree species, and there will always be seeds in the environment for many years to come. Some will survive. Nature has its ways of finding an equilibrium.

To help nature along researchers have been experimenting with natural parasites and parasitoids that survive on the EAB. Parasites do not kill the bug, but slow it down and they decided that parasitoids which kill the host, were the best route.

Over the last decade three species of parasitic wasps have been released that only live on EAB. One species attacks the adult beetle, one goes after the larvae, and one the eggs. Yes, these wasps also came from Asia, home of the EAB. Of course, the worry is, are we releasing yet another

BY
MARSHALL
BYLE



Rooftops

invasive species. The researchers seem confident this is the best path forward. This is a slow process, and the hope is that

these parasitoids will be present to ease the effect of the second wave of this pest for decades to come.

Marketplace
Do you want your ad to be seen?
Use the power of direct mail.
 Marketplace Magazine is delivered to over 13,000 home owners & businesses by Canada Post for maximum impact.
 marketplace@bmts.com 519-396-9142
 www.themarketplacemag.com

Winter SAVINGS

FREE ACCESSORY

SAVE UP TO \$1,100

LIMITED TIME ONLY

FREE VENT KIT
Gas Fireplaces, Inserts & Stoves

FREE BLOWER
Wood Stoves & Inserts

FREE MOOD LIGHTING KIT
Electric Fireplaces

FREE LOG SET
Electric Inserts

FREE LOG SET
Outdoor Gas Fireplaces

*TERMS & CONDITIONS APPLY. Offer applies on select Regency products. Excludes Regency Pellet & Gas Log products. Free accessory available for participating units only. Cannot be combined with any other Regency offer.

Ask your in-store salesperson, scan the QR code or visit regency-fire.com for details.

Heritage Fire Co.

519-368-5274

www.heritagefirecompany.com

info@heritagefirecompany.com

3006 Bruce Rd 15, 2km west of Tiverton

*The statements and opinions are of the columnist and as such, are not reflective of Heritage Fire Co.

BY
TAMRI
COURT



Saugeen Shores

Suppers and skating!

Southampton Community Suppers are back! Suppers take place on the second and fourth Wednesdays of the month between January and May. Time is 5-6:15pm at St. Paul's Anglican Church. Admission by donation. Everyone welcome! Bring your friends!

After several years of having one large event during February, the 22nd annual Winterama has switched to having events throughout the month, including school assemblies and a skating party at The Plex in Port Elgin on Monday, February 19th. The popular Kilometre Challenge will be held next month. This winter activity fundraiser is presented by the Port Elgin and Southampton Rotary Clubs. Participate in some winter exercises and raise funds for the Grey Bruce youth projects, including school breakfast programs. Join in the fun and support local youth projects! Contact the Rotary at 519-797-1818 for more information.

Monday, February 19th is Family Day at the Bruce County Museum & Cultural Centre from 10am until 3pm. "This Family Day, step into the immersive world of *In Time Unlimited* - a thrilling blend of escape room, quest, and live theatre that tells the story of Bruce County past." Members are free for family day and the general admission rate for the public applies. Family day is a great day to get your family memberships. Contact the Museum at 519-797-2080 for more information.

The Coliseum in Southampton and the Plex in Port Elgin has sponsored and public skating during February. Contact the Town Offices at 519-832-2008 for dates and times.

The Centennial Pool offers sponsored and public swims during the month of February. Contact the pool at 519-832-2627 for dates and times.

Happy 3rd Anniversary to my daughter Courtney and son-in-law Luke! Happy Valentine's Day! Happy Family Day!

If you would like your event mentioned contact me via email tamricourt@gmail.



KITCHEN SUITE SAVINGS EVENT

JAN 18-FEB 28, 2024

Buy any 2 qualifying kitchen appliances,

SAVE \$150*

See in-store sales associate for instant savings details and list of available qualifying models.

Buy any 3+ qualifying kitchen appliances,

SAVE \$300*

See in-store sales associate for instant savings details and list of available qualifying models.

KITCHEN AID® BUY MORE, SAVE MORE EVENT

Buy any 2 qualifying freestanding major kitchen appliances. **Save \$200**

Buy any 3 qualifying freestanding major kitchen appliances. **Save \$300**

Buy any 4+ qualifying freestanding major kitchen appliances. **Save \$400**



Lake Huron HOME

Appliances | Furniture | Mattresses

665 Philip Place (Sutton Park Mall) Kincardine 519-396-8513

MONDAY - FRIDAY 9AM - 5:30PM • SATURDAY 9-4PM
www.lakehuronhome.ca • home@lakehuronhome.ca

Free Delivery & Removal of Old Appliances
CONDITIONS APPLY

Celebrating 1 Year with In Store Specials!



BIG SAVINGS February 2nd, 3rd & 5th!

PALLISER

WEST BROS FURNITURE

SUPERSTYLE

FURNITURE LTD.
Crafted by Canadians Since 1967

STEARNS & FOSTER®

"LOCALLY OWNED AND OPERATED"

Check the fine print when renting a car

Whenever you rent a car for business or pleasure, you are offered some form of insurance coverage by the rental company. Sometimes this coverage is adequate and fairly priced, other times it isn't.

When reading the fine print, you need to be aware that there can be some serious contractual gaps in coverage, particularly when renting in the United States. People who do not own their own vehicles need to be extremely careful. Even if you purchase their Collision Damage or Physical Loss/Damage Waivers, some rental car contracts exclude the following:

- theft of the vehicle
- glass, tire and undercarriage damage
- animal collision
- flood and hail damage
- damage above the windshield

Incredibly, some rental contracts even include a contractual shift of liability to the customer. Each car rental company provides certain coverages and excludes others. The above list is not complete and is not intended to criticize any particular car rental company. It is mentioned here to warn renters of possible shortcomings in the rental

BY
TODD
FARRELL



Are You Covered?

contract process.

What about my credit card, I already have coverage there don't I? Many people rent vehicles with these cards believing they have coverage for physical damage. This may not be correct. In addition to the above list, some credit cards exclude coverage for certain types of vehicles (i.e., pick-up trucks, sport or luxury cars), do not cover additional drivers, and some completely exclude coverage in the USA.

What to do?

So what should you do? If you own your own vehicle we suggest the best strategy is to add the OPCF 27 (Legal Liability for Non-Owned Automobiles) endorsement to your personal auto policy. This endorsement provides physical damage coverage for the policyholder

(including their spouse and all drivers listed on the policy) in the event of loss or damage to a rented automobile provided they are listed as a driver on the rental contract.

What kind of coverage

The insured must carry physical damage coverage to qualify. The endorsement also extends the policy to provide third party liability, accident benefits and uninsured automobile coverage to the insured whenever they are driving a rented automobile with a gross weight of 4,500 kilograms or less.

Coverage used to be capped at \$50,000 CDN but most companies offer up to a \$100,000 limit which may be necessary for both higher valued automobiles and factoring in currency exchange if you rent in the USA.

This endorsement has a 30-day limit and only provides coverage in Canada and the United States.

By adding an OPCF 27 to your automobile policy, you won't have to worry about purchasing extra insurance whenever you rent a car in Canada or the United States of America.

Call your insurance broker to find out more.

CYBER INSURANCE ISN'T JUST FOR BIG BUSINESS.

Ensure that your business's network and digital assets are protected.



 **MILLER**
INSURANCE BROKERS 
www.millerinsurance.ca




Lucknow Auto Parts Supply
37521 Amberley Rd.
Lucknow
519-528-2220
lap@porters.ca

Spike's Auto Parts
252 Queen St.
Kincardine
519-396-1515
spikes@porters.ca

HUGE INVENTORY OF CAR & TRUCK PARTS
Wheels • Rims
Body Shop Supplies
Batteries
Hand Tools

Bringing Canada's Military Past to Life

Alex Peroff has over 3000 historical artifacts from the two World Wars. Medals and uniforms. Recruitment posters and enlistment papers. Helmets and boots. Even a menu from a wartime Christmas dinner, the back of which is signed by members of the Queen's Own Rifles of Canada, a regiment that saw action at both the Battle of Normandy and Juno Beach.

"What began as a simple hobby – collecting war memorabilia – has become an obsession," the Kincardine resident admits. An obsession that he has turned into a travelling military museum.

Alex now regularly packs up his military collection in a truck and brings the history of WWI and WWII to schools, libraries, and clubs. "It's about keeping the memories of service men and women alive," he says. "About telling their stories so that they, and the importance of what they did, will never be forgotten."

Alex's fascination with military history started with his grandfather.

"My granddad served in WWII with the Queen's Own Rifles and when I was younger, he would bring out his medals and uniform and wartime photographs and show them to me. I got to hold them and listen to the stories and memories behind those artifacts. That's when I realized that history wasn't just dates and places from a book that you had to memorize in school. It was real and tangible and about actual people's lives!"

So he decided to start collecting war memorabilia. Turns out that was no easy task.

He joined military collectors groups. Went online in search of military items. And endlessly asked relatives and friends if they had memorabilia of the World Wars that he could include in his collection. But he found that military artifacts are often hard to come by. A lot of Canadian military items were reused and recycled when men and women returned from service in the wars, he says. "Some used their uniforms and boots as regular clothing until they wore out."

Then there was the cost.

One of Alex's prized pieces is the full service kit of a Canadian Chaplain who served in WWII. The cost? \$7000. And the price of military artifacts is going up all the time. Alex says he knows of a rare military helmet that went for \$25 when his father was young. Today the same helmet sells for \$22 thousand! "It's a very expensive hobby," he admits. "But one that I am passionate about."

Despite the obstacles, Alex's collection grew over time. And it is not only Canadian war memorabilia. He has WWII artifacts from the New Zealand and Australian militaries. From the Caribbean military. The list goes on. He's not alone in his passion to hunt down artifacts, either. His girlfriend, Kayla, is a war history buff as well, and has helped tremendously in researching and finding pieces.

Turns out, though, that the idea of taking all of these collected



A display from the travelling war museum.

Photo Courtesy of Alex Peroff.

artifacts on the road in the form of a mobile museum, happened quite by accident.

Now a contractor co-running his own business, Alex taught school for a time. And whenever it came time to give a history lesson, he says, the students would just tune out. "So I decided to bring a few items from my war collection to school. The kids tried on military helmets. Picked up medals. Felt the uniforms. And they were suddenly full of questions about WWI and WWII and the men and women who served in them." With a smile he adds, "Even the 'cool' kids were interested – it was the best history lesson I ever taught."

The success of the 'hands on' WWI and WWII history session spread. Before long, Alex was doing presentations not just for his class, but for the whole school. Then other schools heard about it and invited him into their classrooms. Not just elementary schools, either. High schools as well. "Suddenly I was transporting the military artifacts I'd collected around the County – and the 'travelling museum' was born."

Alex believes the positive response to his museum is due in large part to the fact that it is interactive. "Groups not only get to look at the artifacts, they get to touch them as well."

He has developed what he calls 'observation assignments' for his visits to schools and clubs, handing out plastic gloves so that participants can pick up the artifacts and 'make contact with them'. "This really helps to bring history alive," he says. It also doesn't hurt that Alex is as knowledgeable as he is passionate about military history – so he has a fascinating story to tell about every item he displays.

Alex can customize exhibits, as well, tailoring them to the interests of the group. He has a display on the role of women in the military. Has put together presentations showing the differences between military uniforms and equipment used during the two World Wars as compared to present day. And he has developed a Canadian D-Day exhibit, which is an homage to his grandfather.

There is no charge for the travelling museum, but Alex jokes that he will accept donations toward gas if the location is a long drive from Kincardine. "I collect these artifacts in order to share them with others," he says. "So that adults and students can learn about WWI and WWII and remember those who served in them."

Schools and groups interested in learning more about the travelling military museum are welcome to contact Alex at alex_ander@hotmail.ca or 519-891-6350.

by Doug Archer

Let's embrace the warmth of the community

This February, let's embrace the warmth of community spirit during this chilly month as we explore the happenings in Huron-Kinloss together!

The Ripley Winter Carnival is back! Don't miss this fun-filled annual event that is kicked off on Friday, February 16th at 6:30pm with the Costume Skate, sponsored by the Ripley Agricultural Society and the Ripley Lions Club, at the Ripley-Huron Community Centre. Prizes will be won for best costume, so dress to impress!

So much to do February 17th!

Then, join us on Saturday, February 17th for the much loved Pancake Breakfast, Sleigh Rides, Ice Painting, Hockey Skills Competition with the Ripley Wolves, Euchre and Bridge Tournaments and so much more. Visit www.huronkinloss.com or the Huron-Kinloss Facebook page for all the details. We'll see you there!

Work Placements

Though it may not feel like it outside, summer is just around the corner! It's time to start thinking about work placements for students over the summer break, and Huron-Kinloss has many exciting opportunities to choose from. The Summer Employment Program is hiring for many positions – share the prospects with the students in your life. Visit www.huronkinloss.com/Careers to learn more.

Registration for Ripley Summer Sports is now open! Early bird registration for Ripley Minor Soccer and Ripley Minor Baseball runs until March 15. A \$50 late fee will be applied to registrations received after March 16th. The late fee will not apply to Blastball or T-ball.

Summer Sports

Visit www.huronkinloss.com/RipleySummerSports/ for more information or to register today! If you have any questions, please contact the Community Services Department at 519-395-2909.

Looking to start a new workout routine? There are many fitness activities available for all skill levels at the Lucknow and District Sports Complex, The Ripley-Huron Community Centre, and now even at the Point Clark Community Centre! Contact us today to learn more.

In the mood for some outdoor exercise? Try snowshoeing down one of several trails in Huron-Kinloss! The fresh air and

BY
MIKE
FAIR



Ripley/Lucknow Happenings

beauty of nature in the winter is sure to lift your mood. For information on our trails visit www.huronkinloss.com/Trails

To feature your event in the next Huron-Kinloss editorial in Marketplace, contact Kristen at 519-395-3735 or kprentice@huronkinloss.com.

Marketplace

Do you want your ad to be seen?
Use the power of direct mail.

Marketplace Magazine is delivered to over 13,000 home owners & businesses by Canada Post for maximum impact.

marketplace@bmts.com 519-396-9142

www.themarketplacemag.com



Manufacturer of
Precast Concrete Products

- Septic Tank Pumping Service
- Septic and Holding Tanks
- Sewer • Water • Drainage Products
- Aggregate and Decorative Stone
- * Ready Mix Concrete

Porter's

4 Washington St.
RR # 1 Lucknow, NOG 2H0

www.porters.ca

519-528-3537 • Fax: 519-528-2025

MACHINE SHOP SERVICES

- lathe and mill work
- custom fabricating, plazma cutting and welding
- steel, aluminum and stainless utilizing Stick, MIG and TIG processes

Industrial supplies including:

- Gr.8 bolts in national course
- national fine & metric threads

We are a stocking depot for Canada Steel to supply you with all your raw steel needs.

Kincardine's Huronia Welding Supply depot stocking pressed gases and welding consumables.

Cottrill

HEAVY EQUIPMENT
244 Queen St., Kincardine
519-396-3330

wshop@cottrill.ca

DON'T GET CAUGHT WITH YOUR PANTS DOWN



GIVE US
A CALL

BLUEWATER SANITATION INC.

- RESIDENTIAL
- COMMERCIAL
- INDUSTRIAL
- CONSTRUCTION OR SEASONAL PORTABLE WASHROOMS
- PORTABLE TOILETS DELIVERED SANITIZED
- SPECIAL EVENT UNITS
Wedding Trailers • Wash Stations
Accessible Units

OVER 40 YEARS OF RELIABLE SERVICE

R.R.#1 Tiverton

519-368-5529

TOLL FREE 1-888-805-6481

bws@bmts.com

Fax: 368-7817

Favourite picks for 2023 and new reads, too!

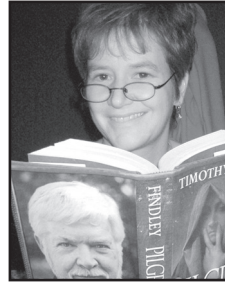
I have officially read 133 books in 2023 and thought I would share some of my five-star rated picks. There were actually more than I thought. I have probably reviewed these already but here's a list. *All the Light We Cannot See* by Anthony Doerr, *Killers of the Flower Moon: The Osage Murders and the Birth of the FBI* by David Gann, *VenCo* by Cherie Dimaline, *Unbroken: My Fight for Survival, Hope and Justice for Indigenous Women and Girls* by Angela Sterritt, *Little Fires Everywhere* by Celeste Ng, *Holly* by Stephen King, *The Circle* by Katharina Vermette, *None of This is True* by Lisa Jewell and *Truth Telling: Seven Conversations about Indigenous Life in Canada* by Michelle Good.

I promised to review a couple of books I received at a book reading in November and I'm happy to say they were both great but different. Rick Mercer's *The Road Years: A Memoir, Continued...* made me laugh out loud from the first page, "It was a hell of a story - a gripping tale of how a young man overcame a privileged middle-class upbringing, only to become a national treasure by telling Americans that Canada was going to legalize insulin." You don't have to read his first memoir *Talking to Canadians* before this one but I'm happy to recommend it as well. They are also great on Audible in Rick's own voice. This one covers his time as host of the Rick Mercer report, how it came to be, why it was so successful and his encounters with some Canadian icons, most notably Jann Arden.

Which brings me to the next book I want to mention, *The Bittlemores* by Jann Arden. Her first novel does not disappoint with talking cows and family secrets; an unexpected pairing that somehow works. Young Willa Bittlemore is a spark of positivity and good in a home run by cruel parents who is questioning her family history and protecting the farm animals as well as her friends at school. Arden's humour and compassion shines through the novel and I enjoyed it more than I thought I might. It is a great gift for fans of her music, podcasts, or books.

The first book I finished in 2024 was *Big Lies in a Small Town* by Diane Chamberlain, a 2020 novel I recently discovered. Set in a small town in North Carolina, Morgan Christopher finds herself offered parole to work on a mural for a local art gallery in 2018. The mural originally created in 1940 by Anna Dale has it's own story and we follow along as both stories evolve, and the

BY
TRACY
PRIMEAU



Between the Covers

mural is painted/restored. There are three main characters in this novel, Morgan, Anna and the town of Edenton, NC itself.

The author does a great job weaving the stories together and growing her characters in a manner that makes the reader fall in love with them all. I've not read this author before, but this book has definitely piqued my interest. Mystery, complicated relationships, and art all come together for a great read.

Next up for me on Audible will be *Rez Rules: My Indictment of Canada's and America's Systemic Racism Against Indigenous Peoples* by Chief Clarence Louie read by him.

Let me know what you're reading, send to tracy.primeau@gmail.com.

Building. Renovating. Landscaping.

**WEST SHORE
STONE & BRICK INC**

South of Kincardine,
1.5 km E of Hwy 21 on Conc. 12
519-395-2747
www.WestShoreStoneandBrick.com

MOVING!
WE'RE HERE TO HELP

**We move ONE small room
OR your ENTIRE household**
Cartage Contract Rates Available

Your Carrier
In Town • Around Town • Out of Town

LET US WRAP IT - PACK IT - MOVE IT

**CONTINENTAL
CARTAGE & MOVING**

1-877-296-2727
519-396-2727

THE BEST RATES ANYWHERE

**Wylds
K&M
Services**

Serving Kincardine, Port Elgin and surrounding areas

Located in Kincardine
Commercial & Residential Properties

Lawn Care
Fertilizing & Seeding
Excavation
Skid Steer Work
Sodding
Some Landscaping
Some Construction

Able to haul items as well

Call us for your Arbourist needs!

Kent Wylds - 519-440-6391
wylidskm@live.com

Updating my retirement resolutions!

"You are never too old to set a new goal or dream a new dream."

C.S. Lewis

Well, it's a new year. That time when many engage in the age-old custom of making New Year's resolutions. You know, the practice of setting new personal goals at the beginning of a calendar year. Of resolving to change undesired behaviours, or maybe just deciding to stop binge watching Netflix.

With that tradition in mind, this year I decided to update my retirement resolutions.

You see, when I entered the pension stage of my life ten years ago, I had a list. No, it wasn't the Honey Do List – although I have to admit, that list figures prominently in my life as well. Rather, it was a list of things I wanted to achieve in my retirement years. A list of dreams to pursue now that I had the time and freedom to do just that.

Of course, before I went about setting new retirement resolutions, I felt obligated

BY
DOUG
ARCHER



Portrait of a Retiree

to evaluate how I'd done against the ones I'd established a decade ago. I don't mind telling you, I scored pretty well.

Against my top three original resolutions of 'see the world', 'indulge your passion for writing', and 'celebrate the accomplishments of fellow retirees', I am three for three. My wife and I have visited 72 countries to date. I have authored a series of books for young readers that have become Canadian bestsellers. And I have had the honour of meeting and writing about more than 120 retirees who have done remarkable things such as run marathons, build planes, scale

mountains ... the list goes on.

I have also managed to keep fit – relatively speaking – which was another resolution on the list. And I even made headway on the resolve to improve my golf game! Okay, that last one is a lie, but four out of five ain't bad!

After due consideration, I decided to leave all my original retirement resolutions on the list. They're still meaningful to me, and I want to keep going with them. But I also decided to add a few more.

I made a resolution to spend more time feeling childlike with my grandkids. I want to take trips with my entire clan – all three generations – so that we can celebrate family. And although I give to the community, I want to follow the example of so many retirees, and give more.

So there it is, my updated list of retirement resolutions. And I encourage every pensioner to make a similar list. After all, as someone once said, retirement isn't about being free from work, it's about being free to do your life's work.

Don't miss the 150th Family Day Event!

Happy New Year to everyone! I do hope that this year is a very good one for you.

If you enjoy choral singing, consider joining the Paisley Concert Choir. The spring session for 2024 begins on Wednesday, February 7th. This 4-part adult choir practises every Wednesday at 6:30pm at Knox United Church in Paisley. For more information contact Carolyn at 519-353-5466 or Sheryl at 519-353-7202.

The Paisley Curling Club is having a 'Mixed Fun Spiel' on Friday, February 9th and Saturday, February 10th at the Paisley Curling Club. Each team will play three six-end games, there is pizza on Friday night and lunch on Saturday. The cost is \$250 per team. To register please text or contact Deanna McDonald at 226-930-1566.

The 'Friends of the Treasure Chest Museum' are hosting a Valentine Luncheon and Euchre on Friday, February 16th at noon. The cost is \$15. The Museum will be open on Saturday, February 17th from 11am to 3pm. This is a 'Paisley 150th Family Day Event'. Come visit the many historical items and archives, and enjoy a cup of hot chocolate and piece of birthday cake. Everyone is

BY
SHERYL
STEINHOFF



Paisley Current

welcome to both of these events. There will be other activities taking place at the arena to celebrate Family Day so be sure to follow 'Grow Paisley' on Facebook and the Municipality of Arran-Elderslie website for more details.

The Paisley Quilting Group meets every Tuesday and Wednesday from 10am-4pm until the end of February at Westminster Presbyterian Church. You will be able to work on quilted or tied quilts. Bring a bag lunch; tea and coffee will be provided. Everyone is welcome.

The 'Prevention Through Exercise' Program continues every Thursday from 9-10am at the Paisley Legion. It is sponsored by the Brockton and Area Family Health Team. The classes are offered free of charge.

Welcome to 'All Bodies Pilates and Wellness Studio' located at 420 Queen

Street, Paisley. This new business/studio offers mat, reformer, TRX and ELDOA Pilates in an intimate, safe space conducive to both learning a new thing, and accessing the instructor time needed to advance your workout. Visit their website www.merakiholistic.ca/all-bodies for a schedule of classes and other great services.

A shout out to 'Definition Fitness' located at 468 Queen Street, Paisley. Enjoy their unique classes with experienced trainers, as well as a 24hr gym facility, stocked with all the machinery you need to maximize your exercises and hit those personal goals. For more information check them out at www.definitionfitnesspaisley.com.

Weekly public skating times are every Sunday 6:30-7:30pm, Adult and Tot skating is Tuesday and Friday 9:30-10:30am and Adult skating is Tuesdays and Friday 12-1pm. The cost is \$3 per person or \$8 per family. Ice time rentals are available.

If you have an event you would like mentioned in the next issue, please contact me at 519-832-7496 or email me at thesteinoffs@hotmail.com. Until next month, please remember to be kind to each other and be happy and healthy.

Everyone can play a role in preventing concussions

Concussions are potentially serious traumatic brain injuries that can happen to anyone, of any age, and both within and outside of sports and recreation.

About 200,000 concussions are reported annually in Canada, most often affecting children and youth.

In Grey-Bruce, there were 414 emergency department visits per 100,000 residents due to concussions in 2021, which is well over twice the provincial average.

Grey-Bruce had the highest rate of concussion-related ER visits among all other Ontario health units in both the 20 to 44 and 45 to 64 age categories in 2021 and the second-highest rate among residents under 20 years of age.

Everyone can play a role in helping to prevent concussions and ensuring proper concussion intervention and treatment.

Concussion Prevention

Prevention is the cornerstone of concussion care.

Grandparents, parents, and caregivers can play a pivotal role by advocating for and implementing safety measures in organized sports, ensuring proper equipment use, and promoting a culture of open communication about head injuries. Educating children and grandchildren about the risks and signs of concussions empowers them to make informed choices.

Here are some strategies for preventing concussions:

- Promote and ensure the use of appropriate protective gear, such as helmets, in sports and recreational activities.
- Teach children about the risks associated with head injuries, emphasizing the importance of reporting any symptoms immediately.
- Advocate for safe sports practices and encourage coaches and sports organizations to prioritize safety, including proper training techniques and adherence to concussion protocols.
- Promote overall physical literacy to enhance body awareness and co-ordination.
- Regularly assess and ensure the safety of play areas, minimizing potential hazards that could contribute to falls or collisions.
- Encourage open communication where children feel comfortable discussing any concerns or symptoms

BY
SARAH
MILNE
GREY BRUCE PUBLIC HEALTH



Grey Bruce
Public Health

Seniors Situation

related to head injuries.

- Stay informed on sports policies by being aware of and advocating for sports organizations' policies regarding concussion prevention, detection, and management.

- Model safe behaviour by demonstrating safe practices and sportsmanship.

- Engage, participate, or support local initiatives promoting concussion awareness and prevention.

Intervention and Care

Swift intervention is crucial when a concussion occurs.

Here are some things you should do if you suspect someone in your life has suffered a concussion:

- Seek prompt medical attention for a thorough evaluation and diagnosis from

a healthcare professional experienced in concussion management.

- Follow prescribed activities, which may include limiting physical and cognitive activities. This allows the brain to heal without additional stress. Complete rest is no longer recommended.

- Gradually reintroduce activities based on guidance from healthcare professionals. Avoid a rushed return to regular activities.

- Be vigilant in observing the person for any recurrence or worsening of symptoms and communicate regularly with healthcare providers.

- Ensure the person maintains a balanced diet and stays hydrated, as proper nutrition supports overall health and recovery.

- Prioritize sufficient and quality sleep, as rest is crucial for the healing process.

- Provide emotional support and understanding during the recovery period.

- Adhere to all recommendations provided by healthcare professionals, including follow-up appointments and any prescribed medications or treatments.

Trillium Court

RETIREMENT RESIDENCE

Recounting memories and making new ones

Call to visit us today
519-396-4400



Independent Living | Assisted Living | TrilliumCourtRetirement.com

Even if Bobby Flay made them I could no longer do it!

Dear Liz,

I hate my wife's carrot muffins. Let me back track. It might sound odd, but everyone knows that my go-to snack/meal/treat, whatever the occasion, is always a carrot muffin. I grew up with my mom making a fresh batch every couple days, I love them.

Now that I am married, my wife has taken on this tradition of making carrot muffins for me. It is such a lovely treat, except for one small thing, they are inedible! One week they were so dry, a pound of butter couldn't save them. Then the next week, I don't know what happened, but I couldn't see any carrot in them, but the muffins themselves were bright orange.

I know she is trying to do this for me, but honestly, the greatest gift she could give me at this point is to just not. I don't even think I like carrot muffins anymore. How can I get her to either stop or – actually, I think that's all I want now. Even if Bobby Flay himself gave her his recipe, I wouldn't be able to eat them, I think the trust is just gone.

Carrot Muffin Enthusiast

Dear Muffin,

It is so lovely that your partner wants to

BY
LIZ



Dear
Liz

continue on a tradition that you grew up with, and it sounds like you agree. You must have spoken of it very fondly for her to want to re-create it, and also be part of it. Perhaps it is time for the two of you to figure out together what new tradition could become both of yours. Maybe on Sundays you travel to a bakery, or find a new recipe that the two of you can make together once a week that is fun. Maybe together you will find the perfect treat that the next generation will be wanting to pass down as well.

Dear Liz,

As I am off work on my maternity leave right now I have been trying to involve myself and baby in every social group I can find in town. There have been some really cool other moms that I've met

and it has been great even for myself to get out of the house and talk to other adults. But, for every cool adult I've met, there are five very not cool adults. I want to join in on these group activities, but I'm finding it harder and harder to deal with the game of one-upping and shaming other parents. It's too much.

Tired Mama

Dear Mama,

It is hard to not lose a sense of self when the needs of your child become your job 24/7. Now, that isn't something that will ever go away, but finding other like-minded people that are in the same boat will most certainly help make it feel less lonely.

Perhaps it's time to branch out from the large groups and co-ordinate one-on-one plays with the cool adults' children and yours. It sounds like the group activities have served their purpose and now you can build new social interactions that are not as mentally taxing. All the best.

Questions? Answers? Comments!?

Feel free to email or write Dear Liz:

c/o Marketplace Magazine

908 Queen St., Kincardine N2Z 2Y9

marketplace@bmts.com

Help us celebrate 25 years of JELLYCAT!

This is Jellycat Jack, the original jellycat.

cuddle + kind

For every doll purchased, 10 meals are provided to children in need around the world including Breakfast Club of Canada

Coco Village Toys • Itzy Ritzy • Hape • Skip*Hop • Baby Registry

The Playful Piper
• BABY & KIDS BOUTIQUE •

775 Queen St., Kincardine
519-396-PLAY (7529)
www.playfulpiper.com

Monday-Friday 10-5 • Saturday 10-4 • Sunday & Monday closed
Shop 24/7 on www.playfulpiper.com

THE ONLY AUDIOLOGIST IN TOWN

with over 5 years of experience.

Services that we offer :

- Hearing Assessments
- Central Auditory Processing Evaluations
- Custom Ear Molds
- Ear Wax Removal
- Tinnitus Management
- Home Visits

Book your appointment ONLINE

We MATCH COSTCO PRICES call us for more details at 519.396.5777



Lake Huron Audiology

Your Hearing is Our Concern

519.396.5777

910 A - Queen Street

Kincardine

lakehuronaudiology@gmail.com

www.lakehuronaudiology.com



Erin Nichol, M. Cl. Sc.
Audiologist



Bruce TelecomTM



Connecting our Community



INTERNET



TELEVISION



HOME PHONE



CELLULAR

**KEEPING YOU
CONNECTED**

CALL US TODAY



519-368-2000

www.brucetelecom.com



Premium

Express VEHICLE MAINTENANCE

SERVICE INCLUDES:

- NO APPOINTMENT NECESSARY
- 30 MINUTES OR LESS*
- FULL SYNTHETIC OIL CHANGE
- AC DELCO FILTER INCLUDED
- FRONT FLOOR MAT WASH
- FRONT FLOOR VACUUM
- TIRE TREAD DEPTH CHECK
- TIRE PRESSURE CHECK
- ALIGNMENT CHECK
- FREE WIFI AND COFFEE

CARS FROM

\$ **69**.95

**Up to 5L of DEXOS 5W30 full synthetic oil

TRUCKS FROM

\$ **89**.95

**Up to 8L of DEXOS 0W20 full synthetic oil
*30 minutes from time of write-up

*Best Value
in Kincardine*

We service all Makes and Models

833 DURHAM ST. KINCARDINE, ON

519-395-3367

MON-FRI: 8AM-5PM

SAT: 8AM-NOON



LAKE SIDE
CHEVROLET BUICK GMC



GMC

