



Something for everyone!

Dave Fryday and flying his own plane!

D ave Fryday is afraid of heights but that hasn't stopped the Saugeen Shores retiree from piloting his two-seater airplane high into the clouds every chance he gets.

"I wouldn't be able to stand at the edge of a building and look down," he tells me. "But enclosed in the cockpit of my plane, cruising along more than a kilometer up in the air, is fine."

Dave has always had a fascination with flying. "When I was in my teens I wanted to fly planes for a career, so I started taking flying lessons in my last year of high school and earned my private pilot's license not soon after. Then I got accepted into the Royal Canadian Air Force."

Unfortunately, six months into basic officer training, Dave realized that military life was not for him. He left the RCAF, went into engineering and, after marrying and starting a family, soon left flying behind. Or so he'd thought.

"It was still in my blood," he admits. "So about 15 years ago I took some re-fresher training, got re-certified as a pilot, and bought myself a plane." A Zenith CH750 STOL (Short Takeoff and Landing) aircraft named The Flying Bumblebee, to be precise. "Although I BY DOUG ARCHER

Portrait of a Retiree

just call it Buzz Bee for short."

Now that he's retired, Dave spends a lot of time working on Buzz Bee. "I've done mechanical work on the plane, welding jobs, rewiring ... you name it." He even installed autopilot in the plane and mounted cameras on Buzz Bee's wings for capturing aerial footage of his flights.

And what flights. Dave takes to the air every chance he gets, flying friends and family across Bruce and Grey Counties

and beyond. Then there are the \$100-burgertours. A member of pilot clubs in Hanover and Kincardine, Dave and his flying buddies will often soar as far as Killarney or Manitoulin Island to grab a burger



together!

"I can't ever see myself not owning a plane now," he says. "I love flying too much. When I'm in the air it's like I'm in a different world. I find it so peaceful and calming."

Not everyone he takes up in his twoseater feels the same, however. Just ask the family friend from Germany. The fellow had never been in a small plane before, but when Dave asked if he wanted to go for a flight, he said yes. "We were barely two minutes in the air when I had to turn around and land," Dave admits sheepishly. "He was absolutely terrified. And when he stepped off the plane both sides of his shirt – from his armpits to his waist – were soaked with perspiration!"

To see images of Buzz Bee in flight go to www.youtube.com/@theflyingbumble bees.





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Eager participants are off and running in the Rotary Huron Shore Run. Don't miss your chance to be part of the fun on May 31st.

Photo Courtesy of Erin Martin.

Feature Story

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Come May 31st, an estimated 1000 runners of every age and running ability will descend on Saugeen Shores, ready to walk, jog and run along the glorious Lake Huron shoreline. It is all part of the 2025 Rotary Huron Shore Run in support of the Saugeen Memorial Hospital Foundation and other local non-profit organizations.

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From Sunny Side

the



The Walker House Museum Presents: "Paddy Walker: The Lost Years or How Paddy Walker Saved Canada and Transformed the World" (A True Story!) Enjoy a a memorable evening at the Kincardine Legion on Sunday, May 4th! Experience the incredible story of how Canada fought for its democracy in the 1840s. To get your tickets and for more info thewalkerhousemuseum@gmail.com or phone 519-396-1850 or https://walkerhousekincardine. com/wp/.

Tiverton and District Lions Annual Community Garage Sale is Friday, May 9 from 6-9pm and Saturday, May 10 from 8am to noon at the Tiverton Annex (beside Community Centre). There is a barbeque on Friday at 5pm to 6 pm.

A shout out to Darrel and his crew at Penetangear celebrating 11 years in business.

The S.B.G.H.C. - Auxiliary holds its annual Geranium Sale from Friday, May 9 to Tuesday, May 13 at the Kincardine Canadian Tire Garden Centre. Proceeds go to the purchase of equipment at the Kincardine hospital. S.B.G.H.C. Auxiliary thanks John Sotosek, owner, Canadian Tire, for his continued support and generosity!

Come out and support Hike for Hospice, Saturday, May 10th - hike as little or as far as you want! Meet at the Davidson Centre in Kincardine at 9:30am. huronshoreshospice.ca/ hike-for-hospice.

A Multicultural Celebration will be held at the Davidson Centre on Tuesday, May 13th from 5:30-8pm. Celebrating 20 years of embracing diversity and facilitating community connection. Discover new traditions and sample ethnic delicacies.

The Market in the Park is back! Starting on the May long weekend, every Monday from 9am-2pm in Victoria Park.

The Tiverton Agricultural Society is hosting their spring craft and vendor show on May 24 at the Tiverton sports arena. Vendors still being accepted up until the date. You can contact Karenballok@gmail.com to ask for a form. There will be a BBQ being held as well.

Crime Stoppers of Grey Bruce is hosting their 33rd Annual Golf Classic on Thursday, June 5 at the Saugeen Golf Club. The proceeds will help fund the essential work that Crime Stoppers performs, to help make our Grey-Bruce communities safe. The need to support Crime Stoppers has never been greater! Over \$615,000 raised to date!

And to Kylee Emma and sweet Everly James, a very happy birthday.

...still walking on the sunny side.

Our columnists are selected for a knowledge in their subject areas. Their statements and opinions, therefore, are their own and not those of the publisher.

Let's support Canada and shop local

Just as we did for hockey's recent 4-Nations Face-Off championship game, we're all rallying for Canada in the wake of political and economic uncertainty.

No matter your ideology or who you voted for in Canada's federal election, it's safe to say we're all on the same page when it comes to our national identity, sovereignty and prosperity.

That's why Bruce Power has launched its Canadian at our Core campaign, aimed bringing suppliers, communities and people together to support our economy and promote unity.

Canadian at our Core is based on five key principles:

•The 95 per cent target: As one of the largest investors and the only private operator of nuclear plants in Canada, we will continue our work to target 95 per cent of all money we spend is in Canada, including the operation of our facility, capital investments and procurement.

•Supply Chain partnerships: Through our integrated supply chain, Bruce Power will be establishing a *Made in Canada Council* to find ways to leverage our existing supply chain to support Canada and Ontario's economic growth and trade agenda, while finding new innovative ways to strengthen our domestic supply chain.

•Buy Local in the Clean Energy Frontier Region: The Bruce Power Site is the largest in North America and is located on the traditional territories of the Saugeen Ojibway Nation (SON) and in the Tri-County Region of Bruce, Grey and Huron



John Peevers Director, Community and Media Relations

Counties. We will work to ensure our key suppliers continue to expand their local presence, securing jobs and opportunities locally, while we direct more spending to local businesses.

•Reconciliation through action: Bruce Power is committed to reconciliation with Indigenous communities and will work to strengthen our partnerships including the SON existing Gamzook'aamin aakoziwin isotope venture. We're committed to securing more investment in these communities for a future that will ensure the next 50 years is different than the last 50 years by working together.

•Isotopes for Hope: Bruce Power is committed to being a world-leader in the development and production of Made in Canada cancer-fighting medical isotopes to meet global needs and supporting the Canadian Nuclear Isotope Council's goal to double Canadian production by 2030.

Nobody wants to remember the Covid-19 pandemic, but those strange days were highlighted by the strength of the community in supporting local businesses to help to ensure our local economy continued and that the businesses in our hometowns knew they could count on us.

Bruce Power will not allow trade disputes keep us from working with utilities partners around the world, including in the United States, but we're determined to support Canada and the people and businesses in our communities and promote our national pride.

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Criminals or "Criminals?" newspapers reveal history of crime in Bruce County

JACOB SMITH BRUCE COUNTY MUSEUM & CULTURAL CENTRE ARCHIVAL ASSISTANT

Historically Speaking

hen we think of criminals, we often picture those convicted of murder, arson, or theft. In historical newspapers from the nineteenth and early twentieth century, Return of Convictions were published, detailing the criminal activity occurring in the area. Those returns reveal that not everyone convicted was a ruthless criminal. Some "criminals" Bruce County found themselves charged with the crime of poverty, known as vagrancy, when they had no place to live. In June 1898, ten men found themselves in a Bruce County courtroom charged with vagrancy. All ten were sentenced to jail, ranging from 30 days to five months and 28 days.

So why were homeless people put in jail? In 1898, when these men were sentenced, our social safety net was much more limited than it is today. There was no universal healthcare, pensions, and long-term care facilities like there are in 2025. In the nineteenth century, people were dependent on their loved ones, neighbours, churches, and community groups for support. When people fell through the cracks, like these men did, they could end up in jail.

To help alleviate this problem, the House of Refuge was constructed in Walkerton in 1900. Built with a capacity of 125 residents, the House of Refuge provided a more humane alternative than the Walkerton Jail. It was also partially self-sufficient, with between 40 and 50 acres of land cultivated by its residents.

While there were several "criminals" found in Bruce County courtrooms during this period, many people did find themselves in court for serious reasons. For example, in June 1898, Archie Stewart was found guilty of assault, and was fined \$5.00, and Isaac Stanley, J.J. and Phil Schumacher were charged with Violation of the Liquor Licence Act, and fined the hefty amount of \$20.00. Some of the crimes were more on the humorous side, by today's standards. For example, Ben Wilde was fined \$2.00 for swearing, and George Johnston was fined 20 cents for Abusive Language.

newspapers provide Historical fascinating insights into the past. Just about anything can be found in them including the crimes or "crimes" that our ancestors committed. Sources Bruce Herald, 1898-06-23, page 5.

Schmalz, Peter S., The Impact of The Great Depression on Walkerton.

RETURN OF CONVICTIONS

Made by Her Majesty's Justices of the Peace within the County of Bruce, from Tuesday, the 8th day of March, 1898, to Wednesday,

Name of Prosecutor	Name of Defendant	Nature of	Charge	Date of Convic- tion	Name of Convicting Justice	Am't of Pen- alty, Fine or Damage	When paid or to be paid to said Justice	To whom paid over by maid Justice	Remarks
ohn Pratt t McKenzie Konneth Wright. f T Huffman f T Huffman T Huffman 'eter Kreitz J Fallis L J Fallis Henry Hewes mily Howis J J Fallis.	Arch Stewart Albert Neubit Thomas Thomas. Wun McKenzie. Jalez McKenzie. W H Stanley. R Johnston Frederick Iptke Henry Hallday. Joseph Kildes. Jas Carscadden Jas Carscadden John Scott Chas Joint	Disorderly Assault " Disorderly " Vagrancy Assault Disorderly con Indecent lang Assault Causing dog t	nduct uage	April 16 March 10 21 18 April 20 March 9 19 April 7 " 1 March 29	E Miller Jas Johnston, R E O D Halliday, H Brown, A Henry Brown D M Halliday	5 00 5 00 1 00 1 00 1 00 1 00 1 00 1 00	forthwith 1 week forthwith """	half to Kincardi	ne 30 days in gaol





Birds buiding nests - one favourite spot - chimneys!

his is the time of year that birds are building nests, and chimneys and vents are often a preferred spot for Some of these birds, some species. usually starlings, end up in the fireplace or stove patiently waiting for someone to open the stove door so they can escape. On one such occasion while doing service, as I opened the stove door about a dozen starlings flew out shooting past my head, under my arms, and between my legs. Kind of reminiscent of the old nursery rhyme of "Four and Twenty Blackbirds". All this to the dismay of my customer as the birds proceeded to flap against the window panes while her cat ran up the walls after them as if there was no such thing as gravity. Sheer pandemonium!

Over the years we have removed quite a list of different species from chimneys: Rock Pigeon, House Finch, Starling, Screech Owl, American Kestrel, Eastern Bluebird, Wood Duck, Common Merganser, and Northern Flicker. Of course, Chimney Swifts and bats also use chimneys but do not block them off. We leave them alone as they are beneficial and endangered.

Some of the larger species can be pretty smelly to remove. All these birds have one thing in common; they nest in tree cavities which explains their attraction to chimneys.

It's amazing to see how a starling builds a nest in a chimney. They simply drop bits of straw and grass down the flue until a piece eventually catches on a joint part way down. Then they just continue to fill it up. I have seen as much as 10 ft. of chimney jammed full of grass and straw. Probably took thousands of trips for this persistent bird. You can't push it down to remove. The harder you drive at it with pipe, bars, and even a sledge hammer, the tighter it packs. Many a customer have found this out before finally calling us. It takes specialized tools to remove such a nest.

A plugged chimney connected to a wood-burning appliance is not likely a lifethreatening event, because the person lighting the fire will quickly discover that there is a problem. A plugged chimney for



BY MARSHALL BYLE Rooftops



an oil or gas furnace is a much more serious situation because the furnace is

thermostatically controlled and will fire up automatically. This could result in carbon monoxide poisoning.

All flues serving oil or gas/propane appliances must have a cap or vent termination that is bird or animal resistant.

A simple way to check your flue for blockages is to hold a small mirror in the clean-out on a bright day.

If you angle the mirror just right you should be able to see daylight. If in doubt, call in a professional.



It's spring and "Clear-Vu Window Services" is talking foggy windows

Spring is the time of year many homeowners do a thorough cleaning. Specifically windows. If your windows look dirty even after you've cleaned them, it could indicate seal failure, or what we refer to as "foggy windows."

For the last 21 years, Vern and Lisa Stacey have been the experts to call when your energy efficient windows lose their seals. They have been saving clients hundreds and sometimes thousands of dollars on window replacements by successfully making foggy windows look new again.

"This time of year more and more people ask questions about foggy windows and what it is we do" says owner Vern Stacey. "Foggy windows are best described when condensation, mist or water droplets get trapped between the panes of a thermal unit indicating a ruptured seal in what was once an energy efficient airtight unit, not only can it look unsightly, it can also be an inconvenience, frustration and expense."

Over time all windows will lose their airtight seal and the window will become cloudy or foggy on the inside. Once the moisture or condensation gets trapped inside it is no longer an energy efficient window and it will eventually cause the



window to permanently look foggy or dirty.

At Clear-Vu Window Services they replace the thermal unit and not the entire encasement. "It's a noninvasive process" says

owner Vern Stacey, "we remove the thermal unit with the ruptured seal and we replace it with a brand new energy efficient airtight thermal unit. We install it back into its original casing and it's like new again". The process is considerably less expensive than replacing the entire encasement and it's backed by a 10 year warranty with a turnaround time of about six weeks.

Remember the name Clear-Vu Window Services, if your windows have seen better days and you are tired of looking through an ugly fog.

Servicing Kincardine, Ripley, Lucknow, and Saugeen Shores. Call 519-396-1500 for more information or to set up a free quotation. Open Monday-Friday 9-5pm by appointment, or by chance at 1044 Concession 5. Check us out on the web! www.clear-vu.ca.*





Running for the Community

Ome May 31st, an estimated 1,000 runners of every age and running ability will descend on Saugeen Shores, ready to walk, jog and run along the glorious Lake Huron shoreline. It is all part of the 2025 Rotary Huron Shore Run.

Since its start in 1988, participants, sponsors and volunteers of the Rotary Huron Shore Run have come together each year to raise thousands of dollars in support of the Saugeen Memorial Hospital Foundation. And not only the Hospital Foundation. Event proceeds also benefit other local non-profit organizations, including the Saugeen Track and Field Club, Saugeen Shores Lifesaving Club, the Breakers Swim Team, and the Rotary Clubs of Port Elgin, Southampton, and Saugeen Shores.

"It's been incredible to see the legacy and growth of the event over the years," says Erin Martin, Race Coordinator for 2025. "And this year's Rotary Huron Shore Run is shaping up to be our biggest and best yet. In 2024, we raised over \$45,000-this year our goal is to exceed that! And the community continues to rally together in support of the event. It has become more than a charity run – it's a movement driving positive change through fitness and community support!"



Some of the many volunteers who help make the Rotary Huron Shore Run such a great success each year. Photo Courtesy of Erin Martin.

But rest assured, come the end of May, there will be running. Lots of it. From a 5k Walk & Run, to a 10k Run... even a half marathon.

"The 5k tends to be our most popular event – especially among families, new runners and walkers," says Erin. "It has a fun, welcoming vibe." But early registrations for the 10K are higher than in previous years, and the half marathon continues to gain in popularity since it was introduced in 2013. "And this year, the course is flatter and faster-perfect for experienced runners chasing a personal best, but just as inviting for first-timers."

The running is not just for adults, either. Runners aged 10 to 17 can participate in the 5k Walk & Run, 14-17 year-olds are eligible for the 10k, and those 16 and 17 can try their legs at the half marathon. "We want kids and teens to feel like this event is for them, too," Erin says. "To be active, feel included, and build a connection with their community."

There is also a Kids Fun Run for children nine and under. "The Kids Fun Run is always exciting to watch," Erin enthuses. "We've added two distances this year-1K and 600m-so kids can choose what feels right for them." Both the start and finish of the runs are under what Erin calls the 'main arch', giving kids the true race-day experience. And every runner receives a ribbon at the finish line.

Teams get involved as well. "We see families, friend groups, local businesses and even sports teams who turn the Run into a

by Doug Archer



The Rotary Huron Shore Run takes runners along the scenic Lake Huron shoreline.

Photo Courtesy of Erin Martin.

weekend event," says Erin. "It's about coming together, supporting one another, and having a blast out on the course. Fundraising as a team also enhances the fun – and we award a prize to the top fundraising team each year."

The Rotary Huron Shore Run is not only about running, though. There's an Expo, too. From 5-7:30pm on the evening of May 30th, participants can pick up their race bibs at the Southampton Coliseum and then wander through an Expo featuring local sponsors offering pre-race support, race-day gear, and community information. And don't forget to bring your old running shoes to the Coliseum. "We're bringing back the ReRUN Shoe Project," explains Erin, "allowing runners to donate their lightly used running shoes and give them a second life in support of active lifestyles across Canada."

And on race day, May 31st, the Coliseum becomes a post-race headquarters and entertainment centre from 8:30am to noon. "There will be music, food, and an awards ceremony at 11 o'clock," says Erin. "Not to mention a Kids Fun Zone, with games, activities, and a space for kids to stay active."

Of course, none of this- the running events, the Expo, the postrace party, the Kids Fun Zone-would be possible without the Rotary Huron Shore Run sponsors, says Erin. Sponsors like the Society of United Professionals, Barry's Construction Ltd., Hutten & Co., and a host of other local businesses and professionals. "Their contributions play a major role in helping us achieve our fundraising goals ... and in providing a memorable experience for all participants."

Then there are the volunteers- more than 200 of them! Helping with everything from assisting with registration, to directing runners on the course, to handing out medals at the finish line. "And we are always looking for more volunteers," smiles Erin. Anyone interested in joining the 2025 volunteer team can sign up at huronshorerun.com. There's SWAG, too. Volunteers get a free T-shirt, snacks at the event, and a chance to win prizes in the volunteer draw.

"The Rotary Huron Shore Run has something for everyone," Erin emphasizes. "It is an event for all ages and fitness levels, with an inclusive, welcoming atmosphere that brings the community together. Whether you're chasing a personal best or running your very first race, the flat, scenic course and race-day excitement and energy make it an experience to remember."

Registering for the Rotary Huron Shore Run is simple. All event and race-day information, along with the link to sign up, is available at huronshorerun.com. Online registration is open until Thursday, May 29th, while in-person registration will be available right through to race bib pickup on Friday evening (May 30th) at the Southampton Coliseum. Kids can register for the Fun Run on Saturday morning until 9am.

Plantar fasciitis and custom made orthotics

Plantar fasciitis is the most common foot condition that I see as a pedorthist. It is characterized by inflammation of the plantar fascia, a thick band of tissue that runs across the bottom of your foot and connects your heel bone to your toes. This condition often causes stabbing pain near the heel, especially Laura C.Ped(C) with the first steps in the morning or after prolonged periods of rest.

Orthotics are frequently recommended as part of a treatment plan. Here's how orthotics can help manage plantar fasciitis:

Support: Orthotics offer additional support to the arch of the foot, which can help distribute weight more evenly and reduce strain on the plantar fascia. By stabilizing the foot, orthotics prevent excessive stretching and tearing of the fascia, promoting healing.

Cushioning: Many orthotic inserts are made from materials that provide cushioning and shock absorption. This helps to reduce the impact on the heel and the plantar fascia during walking and other activities.

Alignment correction: Orthotics can also correct biomechanical imbalances in the foot, such as overpronation (rolling inward) or oversupination (rolling outward). By improving foot alignment, orthotics reduce tension on the plantar fascia and



prevent further aggravation of the condition.

Pressure redistribution: Certain types of orthotics, such as those with metatarsal pads or deep heel cups, redistribute pressure away from the painful areas of the foot. This can help

relieve discomfort and promote healing to by reducing the strain on the inflamed plantar fascia.

B.A. Kin

Customization: While over-the-counter orthotics can be beneficial for many individuals with plantar fasciitis, custommade orthotics offer a personalized solution. I can assess your foot structure and gait pattern to create orthotics tailored to your specific needs, providing optimal support and comfort.

It's important to note that while orthotics can be effective in managing plantar fasciitis, they are often part of a comprehensive treatment plan that may include stretching exercises, icing, and other inflammation reducing treatments. Additionally, wearing supportive footwear with orthotics regularly is crucial for long-term relief and prevention of recurrence. For a full pedorthic assessment please call 519-832-4500 or visit www.mapleshores.ca*



Hike for Hospice, Beautification, Bake Days and Concerts!

Arran-Elderslie pool registration opens May 1. Sign up for lessons, aquafit or a pool pass! Visit arranelderslie.ca or call 519-363-3039 x 117.

Bruce County EarlyOn program takes place at the Paisley Community Centre on Thursdays from 10am-11:30am. Call 1-800-616-8116 for more details.

Just a reminder to all that the 'Hike for Hospice' takes place on Saturday, May 4 in Paisley. All pledges will be directed to the Saugeen Hospice fundraiser. There are two different trails to choose from. Pledge sheets are available at the Paisley Pharmacy. Registration is at noon at Riverside Park followed by the hike at 1pm. There will be food available and live entertainment for everyone to enjoy. Enjoy a scenic stroll in support of this worthy cause.

The Paisley Beautification Committee is hosting their annual Perennial Plant Sale on Friday, May 23 from 4-7pm and Saturday, May 24 from 9am-2pm at the Dr. Milne Pavilion located at 61 George Street, Paisley. This is a great opportunity to get your spring planting started with great plants that are reasonably priced. Potted and labelled donations will be gratefully accepted. All proceeds will go toward future beautification projects in Paisley.

May Events at the Legion include a 'Tea Party Luncheon' on Sunday, May 4 from 12 noon until 2pm. Tickets are \$20/ adult, \$10 for children. Please reserve by emailing highteaparty@hotmail.com.

Lynda Stanley will be hosting a 'Gluten Free Bake Day' on Saturday, May 10 from 10am until 2pm. Tickets can be purchased by calling 519-708-0735.

The 'After Midnight Band' returns on May 31 for an afternoon dance from 2 until 6pm. Tickets are \$15/person.

The Paisley Concert Choir presents 'Songs of Home' on Friday, May 23 at St. Matthew's Lutheran Church in Hanover at 7:30pm; Saturday, May 24 at St. Andrew's Presbyterian Church in Owen Sound at 2pm and Sunday, May 25 at the Knox United Church in Paisley at 7:30pm. Tickets for all concerts are \$20 each and can be purchased from choir members or at the door.

'Coffee with the Mayor' will take place on Tuesday, June 3 from 10-11:30am at the Paisley Community Centre.

The annual Paisley Blues Festival takes place on Friday, June 6 starting at

BY SHERYL STEINHOFF

Paisley Current



5pm and Saturday, June 7 at 4pm at the Paisley Community Centre. Admission is by donation. Headliners for the Friday show are the MacKenzie Blues Band and the Smokewagon Blues Band. The Johnny Max Band, the Vaudevillian, Ginger St. James and Alfie Smith will be some of the performers on Saturday. Proceeds from this year's festival will go to the Paisley Playground Equipment Project and the Paisley Central School Music Program. For more: www.paisleyrocks.com.

If you have an event that you would like mentioned in the next issue, please contact me at 519-832-7496 or email me at thesteinhoffs@hotmail.com. Until next month, please remember to be kind to each other and be happy and healthy.



Elgin Lodge Staff and Residents Weather the Storm Together

By Ann-Marie Collins, Sales & Marketing Director

When a sudden flood in the basement devastated Elgin Lodge Retirement Living in Port Elgin on March 20, the damage was catastrophic. Rising waters overwhelmed the building's mechanical systems - heating, water, electricity and more - rendering the home temporarily uninhabitable. In the face of the essential service failures, the Port Elgin community rallied around the Lodge's residents and team with unwavering support and care.

Within hours, residents were safely evacuated to a staging area at Port Elgin United Church, where they found warmth,running water, and compassionate volunteers. From there, arrangements were quickly made to find temporary housing: some residents joined their families, while others were welcomed at the local Travelodge and Super 8, before being reunited at the Holiday Inn.

Though the days that followed were filled with uncertainty, they were also marked by resilience. The team at Elgin Lodge put the residents first, always. Management also worked tirelessly with contractors and inspectors to restore the building, bit by bit. Every milestone - heat restored, power returned, water running again - was celebrated as a step closer to coming home.

That long-awaited homecoming was emotional and unforgettable. As residents returned to the Lodge, they were greeted not only by family and staff, but by a true sense of community spirit. Laughter, tears, and hugs filled the halls as Elgin Lodge came back to life.

This experience has left a deep imprint on everyone involved. It was a difficult chapter, but also a powerful reminder of what makes Elgin Lodge so special: a strong, supportive team, dedicated families, and a community that comes together when it matters most. Through it all, one thing remained clear—Elgin Lodge is more than a building. It's a home, and that spirit couldn't be washed away.

After the storm, our community shines brighter.





Spring into Community! Something for everyone!!

Pine River Watershed Initiative Network invites volunteers to join their Community Tree Planting on Saturday, May 3rd, helping to grow a "forest of hope." Lunch is provided - register at pineriverwin@yahoo.com. On Sunday, May 4th, head to the Kinloss Community Centre for an Old-Fashioned Roast Beef Dinner from 4:30- 7pm. Takeout available.

On May 14th, Rosewood RVilla presents its Annual Night of Mental Health at Willow and Ren, featuring keynote speakers Ben Fanelli and Ruth Montgomery, plus yoga, pizza, and ice cream - all in support of local mental health programs. For tickets email GMripley@rosewoodseniorliving.ca.

Friday nights are full of flavour with Burger Night returning to the Ripley Legion starting May 9th. Over in Lucknow, the Legion's weekly Meat Draws continue at 8:30pm. Don't miss the Meat Loaf Takeout Dinner on Saturday, May 17th - preorder by May 7th or 8th by visiting Branch 309s Facebook page.

Lucknow Presbyterian Church hosts a Soup and a Bun Luncheon on the second Wednesday of each month, with proceeds BY KRISTEN PRENTICE

Ripley/Lucknow Happenings

supporting Messy Church activities. On Saturday, May 24th, gear up for the Race for a Cause - a team-based adventure race and scavenger hunt across Lucknow, with a



BBQ and silent auction to benefit Youth Track and Field. Details are at the Lucknow and Ripley Legions or fb.

May 24th is also when the Bruce Botanical Food Gardens holds its Annual Plant Sale from 10am to 2pm, offering heirloom plants, herbs, seedlings, and more - all by donation. You could even win a wooden planter box!

Lend a hand on Sunday, May 25th during the Point Clark Garden Beautification Day, hosted by the Point Clark Beach Association. Meet at the Community Centre at 10am and help spruce up the grounds!



My Canada Reads choice was voted off early!

y choice for Canada Reads was voted off pretty early but was not the first to go. Watch Out For Her by Samantha Bailey was the first mystery/ thriller to make the short list and although I was happy to see it chosen I feel Ashley Audrain's The Whispers is a much better book. Championed by Olympic gold medallist Maggie Mac Neil it just did not hit the theme "one book to change the narrative." The book used different viewpoints to tell the story and does it quite well but the characters aren't actually that likeable and the mystery is not particularly difficult to figure out. That being said, I would read her again.

The next book to be voted off was indeed my choice Jennie's Boy by Wayne Johnston defended by thriller writer Linwood Barclay. I'm not sure it's Johnston's best book but I'm a huge fan of his writing and I do think it's a unique Canadian story. Subtitled A Newfoundland Childhood this is a memoir of about six months of Johnston's childhood as he struggled with an undiagnosed illness, poverty and a complicated family including his eccentric grandmother Lucy. Dark and funny, it's definitely worth the read but the panelists did not love it. My second pick was voted off next and in

ΒY TRACY PRIMEAU Between Covers

the



hindsight I feel it truly deserved the win. Etta and Otto and Russell and James by Emma Hooper defended well by Michelle Morgan from the CBC show, Heartland. Eighty-two-year-old Etta decides to walk to Halifax from her farm in Saskatchewan to fullfil her dream of seeing the ocean. With little more than a rusty rifle and a talking coyote named James for company, she begins her adventure, and in the process, her early life with her husband Otto and their friend Russell is revealed in flashbacks. Not only is it a good easy read, you will fall in love with all of the characters.

Next up is Dandelion by Jamie Chai Yun Liew defended by neuroscientist turned pastry chef Said M'Dahoma. This is an immigrant story and a couple of things make it different, one is that it is more than one story. Although focused on Asian immigrants and specifically a family from Brunei it covers the different ways immigrants cope with change and how they don't. The reader will connect with new mom, Lily, trying to understand her own mother Swee Hua years after she left her. This was also well defended and I would say another quick easy read from a first time writer, worth your time.

The winner of Canada Reads 2025 was A Two-Spirit Journey by Ma-Nee Chacaby with Mary Louisa Plummer with the best defence by Shayla Stonechild. Ma-Nee Chacaby, an Ojibwa-Cree lesbian who grew up in a remote northern Ontario community, tells the story of how she overcame experiences with abuse and alcohol addiction to become a counsellor and lead Thunder Bay's first gay pride parade. The elder tells her story to Plummer and as such the autobiography/memoir is very much in the story telling manner one would hear in Indigenous communities. Stonechild defended this book superbly as the book to change the narrative and by the end of the week I think everyone agreed with her. It was an emotional ending and a great four days of conversation!

I read a lot of lighter fare while travelling in Australia, I'll save that for next time!

As always tracy.primeau@gmail.com.



'Tis the season for afternoon teas!

he St. Paul's Marmalade Tea will be held on Saturday, May 3rd beginning at 10am 'til 12pm, at St. Paul's Anglican Church in Southampton. Be sure to stop by and enjoy the many delicious offerings. This is also your opportunity to purchase their famous marmalade, and jellys. There will also be a wonderful bake table to select from. For more call 519-797-3672.

The Hello Summer Music Festival returns for another fun filled weekend of music! Held at the Southampton Coliseum the event will be Saturday, May 17th and Sunday May 18th. The Saturday Lineup has performances by the Sam Roberts Band and David Wilcox and The Pursuit of Happiness. The Sunday Lineup has Tim Hicks and The Strumbellas and Nate Haller. Tickets can be purchased at www. hellosummermusicfest.com/. A portion of the proceeds will be used to support Port Elgin Rotary initiatives, mental health support through Wes For Youth, the local Food Banks, and Saugeen Shores Chamber initiatives and well supports many other areas and all residents in Saugeen Shores.

The Chantry Island Cham-bettes are hosting an Afternoon Tea on Saturday,



May 24th at 2pm at St. Paul's Anglican Church in Southampton. Check their facebook page and plan to visit with family and friends while enjoying tea and treats! For more information you can also call 226- 435-2155. Proceeds will go to Community Betterment.

The Bruce County Playhouse's 2025 season will begin in June. Visit their website for ticket and information on the upcoming summer performances at www. brucecountyplayhouse.com.

Wishing my parents а Happy anniversary and a wonderful birthday wish to my Mom. If you have an event you would like mentioned in a future article please send your information to me at tamricourt@gmail.com or give me a call at 519-386-1400.

Utopia Decks: Decks vs Patio. Which is Right for Your Backyard?



When planning an outdoor living space, homeowners often debate between a **deck** and a **patio**. Both options enhance backyard enjoyment, but they differ in cost, materials, maintenance, and suitability for different landscapes. Here's a comparison to help you decide which is best for your home.

Decks: Elevated Outdoor Living Pros:

√ Great for Sloped Yards – Decks are built above ground, making them ideal for uneven terrain.

✓ Faster Installation - Wood or composite decks can be built quicker than stone or concrete patios.

 \checkmark Higher Views - Elevated decks provide strict building codes. better sightlines, perfect for scenic backyards.

✓ Customizable Designs - Multi-level decks, built-in seating, and railings allow for creative layouts.

Cons:

★ Higher Cost (Long-Term) - Wood decks require regular staining/sealing, while composite decks have a higher upfront cost.

X Permits and Regulations - Many areas require permits due to structural safety concerns.

×Shorter Lifespan (Wood)- Without proper care, wood decks can rot or warp over time.

Patios: Ground-Level Durability Pros:

✓ Lower Maintenance – Materials like pavers, concrete, or stone are highly durable and weather-resistant.

✓ Longer Lifespan – Well-built patios can last decades with minimal upkeep.

✓ Better for Hot Climates– Stays cooler than wood decks in direct sunlight. √ No Permits Needed (Usually) – Since

patios are ground-level, they often bypass

Cons:

X Not Ideal for Sloped Yards – Requires level ground or costly grading work.

X Slower Installation – Concrete and stone take longer to install than prefab decking.

× Limited Height Options – Ground-level design may lack the elevated aesthetic of a deck.

Which Should You Choose?

Pick a deck if you have a sloped yard, want elevated views, or prefer a customizable design.

Choose a patio if you prioritize low maintenance, durability, and a budgetfriendly option.

Still unsure?

Call us at 647-952-6677 or visit www. UtopiaDecks.com to get started.

Let's make 2025 the year your outdoor vision becomes a reality!*



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How to ask my mom and not hurt her feelings

Dear Liz,

I am 16 and my parents have been divorced for ten years now. I live with my Mom and Stepdad in a small town nearby. I visit my Dad every two weeks in summer and I spend a weekend with him once a month. There would be more visits but it's not easy getting back and forth because he lives in the city over two hours away. I feel trapped and like I don't have as many opportunities in my town as I might have in a city.

Even though I love my Mom and my Stepdad very much, I would like to try living with my Dad. I asked him about it on our last visit and he seemed open to the idea. He said it would be up to my Mom though. I asked him not to mention it until I can talk to her.

I don't know how to bring up this subject without hurting her feelings very much. I know she'll be upset and take it personally even if she believes me that it's nothing to do with her or my Stepdad. I feel bad hurting her but also I want my life to be more exciting, have more friends, go to a different school, and have so much more to go out and do for hobbies and sports and shopping. I need to get out of here.



Please help me come up with the right way to ask my mom, and not have her mad at me, or hurting. This is just something I really feel like I need to do. *Yikes*!

Dear Yikes,

Sit down during a quiet, non-stressful time and have a heart-to-heart. Mom will undoubtedly be upset; no matter how old you are, you're her baby, and trust me, the thought of you moving out has already been looming in her mind, and she likely thought she had a few more years to come to terms with you being gone. Tell her the things you've said here; you want more opportunity and more excitement. Then, actively listen to her concerns as well. This is a mature decision, so be sure to participate well in an adult discussion. This is a matter for both your parents, so there should be a conversation involving all of you together as well. Mom wants what is best for you, and if this is truly what you think will be good for you, hopefully she will be understanding and helpful. Be sure you have a true idea of what it will be like living with Dad in the city; it may seem glamorous at first, but you might not love it after all. Suggesting a trial period might be a good bet. If you move, be sure to visit Mom as often as you can... the bus is your friend!

Any questions or concerns? Write Liz at: Dear Liz c/o Marketplace Magazine, Box 523, Kincardine, ON N2Z 2Y9 or email: marketplace@bmts.com.



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Staying safe on Bruce-Grey waterways

About one in three Canadians will cruise, sail, and navigate the country's countless waterways in recreational vessels this year.

Grey-Bruce can be a paradise for pleasure craft operators, as the area boasts an abundance of beautiful freshwater lakes, bays, rivers, and other bodies of water.

But, boating – like other recreational activities – comes with an element of risk.

According to the Lifesaving Society's 2024 Drowning Report, about 840 people died on Ontario waterways between 2015 and 2019 – the most recent Chief Coroner of Ontario data.

About 20 per cent of those deaths occurred while boating.

Top risk factors included not wearing a lifejacket, consuming alcohol, venturing out alone, and being an inexperienced swimmer.

Safe Boating Awareness Week, which takes place May 17 to 23, aims to raise awareness about safe boating practices.

Here are some tips for staying safe on the water this year.

•Wear Your Lifejacket - It's important to wear your lifejacket; not just have it on board. More than 80% of Canadians who drown while boating were not wearing a lifejacket or wearing it properly. Look for a lifejacket or personal flotation device (PFD) that works best for your needs. A lifejacket turns a person over from facedown to face-up, even if they are unconscious. Lifejackets are more buoyant than PFDs and are the best choice for weak swimmers. A PFD will keep a person floating, but not necessarily face up. PFDs are generally less bulky and allow for greater arm movement (i.e. for fishing/kayaking).

•Boat Sober – Impaired is impaired. Whether you've had some beers on the pier, consumed cannabis, or taken prescription medications, the use of any intoxicant and operating a boat is illegal and can have serious consequences.

•Take a Boating Course – In Ontario, you must have a Pleasure Craft Operator Card if operating a recreational vessel, or other approved proof of competency (Proof of completing a boat safety course prior to April 1, 1999, or completed rental-boat safety checklist). This certification must be carried with you while operating a vessel.

•Be Prepared, You and Your Vessel-Before you depart, make sure you and BY KAELA SALES GREY BRUCE PUBLIC HEALTH HEALTH PROMOTER

Seniors Situation Pub



your boat are prepared:

•Check the weather, winds/tides, and water levels in smaller lakes/rivers.

•Ensure your boat has all the required safety equipment (including life jackets) and they are in good working order in case of an emergency.

•Ensure you have sufficient fuel and supplies for your trip (food, proper clothing, drinking water, sunscreen, etc.)

•Make a trip plan, or tell someone where you are planning to go and when you plan to return.

•Be Cold Water Safe – Cold water immersion shocks the body, causing it to slowly shut down. Cold water also reduces the body's ability to swim and stay afloat. This can significantly increase the risk of drowning. The best way to prevent an accidental cold-water immersion is to wear your lifejacket!















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Reuben on Rye corned beef, swiss cheese, sauerkraut, reuben dressing on rye

Chicken Parmesan on a **Ciabatta** deli cooked chicken parmesan, marinara sauce topped with parm petals





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