

Christmas movie list for naughty or nice

As I check off my first month as a 30-year-old, I've taken a moment to see if it's really worth the tears, sleepless nights, breakdowns in the middle of the chip aisle, and the all around theatrics. Honestly, yes. I regret none of it, well except for the youthful lady that locked eyes with me while I teared up for no reason while clutching a bag of Funions. Wherever you are, I wish you well, and enjoy your fading youth.

All things considered, I feel like I've handled the transition pretty well. I didn't go into mourning like some of my friends who finally emerged from their house a week later, draped in black clutching empty vodka bottles with little hope left in their eyes. Once I realized that I've always had the mentality, and the aching bones, of someone much more advanced, it became so much easier. Honestly, I think my body went through the motions and mourning of youth of a 30-year-old back when I was 16, so really this birthday was more like my 50th.

My progressive mental aging became especially apparent the other night. Being the Christmas season, (bless us all for surviving) after many trials and errors I have finally found my home-made "niche". After years of unravelling scarfs/blanket hybrids, disastrous craft books, and that one year when I made everyone bath salts that had enough mint in them to turn a hot bath into a cool burn, finally I found needlepointing. And so, when I awoke late one evening to realize that I had fallen asleep watching Murdoch Mysteries while clutching an empty white Russian cup, covered in scattered threads, I realized that I was fine with saying farewell to my twenties because they never really suited me anyways.

Speaking of the holidays, as someone who was once filled with over confidence with crushing their shopping lists, to then realizing they have mere weeks to accomplish six more projects, therefore breaking out into hives when I've never known I could even do that, here are some tips to helping get through the Christmas Chaos (again).

As we know, our beloved streaming forums are going to be oversaturated with so much Christmas content that it can become very overwhelming. First, decide what you are looking for from this movie. Are you in the middle of speed wrapping your children's presents while they nicely play downstairs? Are you cozied up with a

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hot cup of cocoa/tea/mulled wine and need something to feed the soul? Perhaps today's reality of how different this holiday is going to be, and the you feel powerless over the unchanging times? Oh, baby, I've got something for you all!

The key to present wrapping movies is that they need to help transport and motivate you to keep going as quickly as you can before a meltdown- either yours or another family member. For these times you need something light, wholesome, and a real ribbon tying ending. This year I dove into *Christmas Inheritance*, and the third instalment of one of the worst/best series ever *A Christmas Prince: the Royal Baby*. They have the perfect amount of cheese that you can pop back in and out to help push through.

Having some family time by the fire, or my favourite thing to stream *Fireplace for your Home*, and need something to wrap up a great/awful day. I gotcha! You're going to need something like *Arthur Christmas* or *Rise of the Guardians*. I know both of these are older, and one isn't "technically" a Christmas movie, but they're both so good, and worth a couple tears.

Ready to "cathart" the crap out of those bottled emotions that you can't even figure out are mixing around in there? Let us get our cry on, you deserve it. Unaware of what I was getting myself into I watched *Over the Moon*, and I made it maybe three minutes before sobbing, which then lasted till the very end. It was a beautiful tale about a young girl dealing with her widowed father trying to find happiness again, and the scary reality of what happens to a person when they refuse to move on. Ten out of ten, y'all need this in your life.

As with every year I have, of course, watched *The Holiday*, and *Jane Eyre*, I'm really about honouring the duality of my emotions. To all of you out there, enjoy your time with your family, take time for yourself, and enjoy the snow!

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