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Vern

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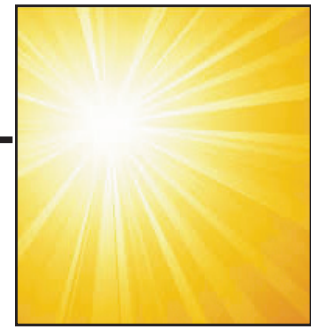
Marketplace

Vol. 35 No. 10



Members of the Women's House Serving Bruce and Grey gather to celebrate the 40th Anniversary of the organization, and encourage us all to be motivated and active in order to Stop Gender Based Violence. Pictured are (Back row L. to R.) Katie Barker, Alana Eadie, Danielle Bois, and Meagan Labbate (Front Row L. to R.) Kate O'Brien, Andrea Turcotte, Jessica Binnendyk, and Amy Alton

Photo Courtesy of
John F. Adams



From the Sunny Side

Dancing with the Stars is back, Saturday, November 2nd! Big Brothers Big Sisters of South Bruce North Huron is hosting this fundraising gala! Just like the TV show, it will feature seasoned dancers paired with community 'celebrities' who have little or no dance experience. You might even recognize some of them as your friends, neighbours, or colleagues! Buy your tickets online and you can meet the dancers, judges, emcee and more: <https://www.dancingwiththestars-kincardine-bbbs.com/>.

The excitement is in the air as the "Catch the Ace" jackpot is growing, and the ace could be hiding anywhere! Royal Canadian Legion MacDonald Br. 183 Kincardine has the tickets for sale or you can purchase online at: www.kincardineace.com or Kincardine Legion Bar, Kwik Way Tiverton, Sleepers Bed Gallery, Jean's Family Restaurant and Instyle Hair Studio. Each ticket not only puts you in the running for the growing weekly and progressive jackpots but also contributes to the well-being of our community.

The 163rd Tiverton Fall Fair - "Pumpkin Kisses and Harvest Wishes" is starting Friday, October 4th. It will be a family friendly event with a midway, exhibits, food, truck pull and more. Check out <https://www.tivertonagsociety.com/> for times and dates of this great fall fair!

Don't miss out on "Shiverton"! The weekend festivities start on October 18th. Fun for all ages. Check out the facebook page - Shiverton.

Kincardine Operation Christmas Child season is upon us! Need a shoebox to fill for some of the less fortunate in this world? Take a drive by Bar Down in Kincardine, it is the pick up and drop off location.



HAPPY
Birthday

Happy Thanksgiving to all and a special happy birthday to our sweet baby Eliza! Here's to two! Oh, and a happy birthday to my fella!

...still walking on the sunny side.

Our columnists are selected for a knowledge in their subject areas. Their statements and opinions, therefore, are their own and not those of the publisher.

Feature Story

Page 10

Members of the Women's House Serving Bruce and Grey are celebrating 40 years of providing help to victims and survivors of violence. What started as a grassroots movement to help neighbours in the community seeking sanctuary has grown into a service that provides not only shelter, but education, support, and counselling services to families in need.

Historically Speaking . . . 5	Paisley 12
Rooftops 6	Ripley/Lucknow 12
Are You Covered 8	Saugeen Shores 12
Feature 10	Between the Covers . . 14

Marketplace

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Knowledge is power for DGR

If you visited the Bruce Power site today, we could show you every fuel bundle that has been used here since the last time the Toronto Maple Leafs won the Stanley Cup.

Sorry to fellow Leafs fans for the stray shot, but the point is that the nuclear industry is the only energy producer in the world that safely captures, manages, and can account for all of its byproducts.

Later this year, the Nuclear Waste Management Organization (NWMO) will be making a decision on a location for the proposed long-term Deep Geological Repository (DGR) to store Canada's spent nuclear fuel. The NWMO has undertaken a multi-year process to find a willing host community and it's down to two communities, the Municipality of South Bruce and the traditional territory of the Saugeen Ojibway Nation, and Ignace, in Northern Ontario.

This will be an important milestone in the process and we recognize that the decision to be a willing host solely rests with the communities. While respecting the decision of those communities, Bruce Power firmly believes that facts matter and too much misinformation has been spread.

Bruce Power and Canada's nuclear industry provide safe, clean and reliable electricity to families, businesses, schools and hospitals every single day. In doing so, nuclear not only powers our economy and provides good jobs, it does it without contributing to climate change.

As a nuclear operator, Bruce Power is proud of the work



John PeEVERS
Director, Community
and Media Relations

we already do to manage our spent fuel. We have a tremendous amount of confidence in our industry to put safety first, to focus on facts, to do the right things.

Climate change is one of the most significant challenges facing the world today. We are going to be able to fight climate change only if we're able to find the right balance between powering the economy and powering our lives in a way that does not contribute to the problem, and that's why the clean electricity provided by nuclear is so critical to the mix.

As we look forward, we need to recognize that although the NWMO will be making a decision on a willing host by the end of the year, it is not the end, but the beginning of a larger process. The Canadian Nuclear Safety Commission, an independent regulator, and the Impact Assessment Agency of Canada, will put a DGR project through a multi-year process to verify that it will not have an adverse impact on the public, workers, the community or the environment.

Bruce Power strongly encourages everyone to participate in the process to ensure your voice is heard. It is especially important for those who are residents of the Municipality of South Bruce and the Saugeen Ojibway Nation to be informed and aware of the facts before making a decision.

Visit the community group Willing to Listen's website for facts about the project and reach out to the NWMO with any questions.

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Women to Honour and Remember

Women's History Month began in Canada in 1992, as "an opportunity to learn about the important contributions of women and girls to our society – and to the quality of our lives today." October was chosen to coincide with the anniversary of the Persons Case, in which it was established that Canadian women have the same rights as Canadian men with respect to positions of political power.

Between August 1927 and October 1929, a group of women activists, known as the Famous Five, were challenging the law for women's rights. Elsewhere, other Canadian women were walking the walk and fighting the same fight; women were more than capable and ready to show it.

The Kamloops was a package freighter owned by the Canada Steamship Lines that went down in Lake Superior in a winter storm of epic proportions on or about December 6th, 1927. Everyone on board was lost; a crew of 19 men and 2 women. The women were Jennet "Nettie" Grafton of Southampton (First Stewardess) and Alice Bettridge, Second Stewardess, also of Southampton. Much appreciation is warranted to the family of Alice Bettridge for donating valuable material pertaining to the story of Alice and her career. Detailed articles and accounts have raised awareness of Alice's bravery and helped to keep her memory alive.

Less information has been shared about Nettie Grafton. Jennet (Nettie) was born circa 1882 to James Grafton and Annie McKenzie. Sadly, James passed away in 1886 and Annie died in January 1891. On the 1891 census, Annie (12), Jennet (8) and Jemima (4), all granddaughters of John and Jane McKenzie, are listed as living with their grandparents and uncle John McKenzie in Arran, North Bruce. In 1901, William and Margaret (McKenzie) McVittie are living in Saugeen Township with their six children and "Janet" Grafton (19), "adopted child".

In 1908, Nettie began her 19-year career as a ship steward. For four seasons she sailed on the St. Lawrence River Route, but most of her time was spent on the upper lakes' freighters.

A newspaper article titled "Southampton Mourns Death of Stewardesses" praises Nettie as a "very jolly girl, had a smile for everybody and always ready to help anyone in need especially when in discharge of her duties on the lakes, where she had a host of friends." It also indicates that "in her last

BY
HEATHER
CALLAGHAN
BRUCE COUNTY MUSEUM
ARCHIVAL ASSISTANT



Historically Speaking

letter dated Dec. 1st, she stated this was their last trip for the season [and] also her last season on the lakes."

Nettie was known to assert that should she be lost on the lake she would more than likely be lost forever. It is believed that

Nettie's body was recovered at Gros Cap sometime after Alice was found in 1928. Sadly, several bodies were unidentifiable.

Let us remember these trailblazers and others like them. And let us not take for granted the work they started to get us to where we are today.

Sources:

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Deep fried turkey is a huge hit on the holidays!

If you've never deep-fried a turkey for thanksgiving dinner, try it, it's the best. We started years ago and it's a family favourite. One year we did two turkeys, one in our Big Green Egg over charcoal, and one deep fried. The turkey off the grill was golden brown and looked like it could be featured in a cooking magazine. Of course, because it was cooked over charcoal, it had that beautiful smokey taste and smell. Admittedly, this is a personal preference, but our whole family said the deep-fried was still the best.

When you are carving a turkey that's been deep-fried, the crispy bits of skin are irresistible, and even after the meal is over, people are pinching crispy morsels from the leftover carcass.

After doing this for many years and occasions, here are some tips and safety info that most people may not know, especially if you are new to this. You can buy these kits which include the burner, a large pot, lifter, and thermometer for less than \$100. Most of the pots that come with a kit can cook up to a 15 lb bird. Never do this on a wooden deck or in a garage. Best to lay some cardboard to protect your driveway from any oil spatter.

If this is your first time, here is some really useful info. You are going to need about 15 litres of oil. From my experience, buy the cheapest oil you can get. Canola oil is great, and the big box stores often sell a 16-liter jug for about \$45. If you start with new oil at thanksgiving, pour it back into the jug, store it in a cool place, you can use it again at Christmas, and again at easter. After that, you can pour it through a sieve, and use it in your chain saw as chain oil.

You must have a fully thawed turkey. Remove all the excess skin around the neck area, and take out any organ packets. The lifter passes up from the bottom so that the hook protrudes out the neck area. Put the turkey in the pot and fill with oil until the turkey is just covered. Now take the turkey out and set it on a tray. Some will tell you to do this step using water, don't do it, you don't want it wet and that

BY
MARSHALL
BYLE



Rooftops

little bit of oil is no issue.

Now heat the oil with the lid on to

300°F. Here is an important safety tip. Before lowering the bird into the boiling oil, turn off the burner, no flame. Using the supplied hook gently lower the bird into the boiling oil. The oil wants to splash a bit at first because any water reacts with the hot oil. That's why you don't use water to know how much oil to use. Once things settle, relight the burner and get the oil back to 300°F. No lid required once cooking. It only takes 45 minutes to cook a 15 lb turkey.



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Bruce County Storage Storage Solutions of all Sizes!

Do you have clutter taking up valuable living space, that while important and precious, you wish could be stored somewhere else? Things like outdoor decorations and furniture, books, boxes of mementos from a bygone era?

How about a tent trailer or boat?

Wayne Pestill, manager of the new Bruce County Storage facility in Kincardine at 829 Kincardine Avenue, has the solution - rent storage space at the new facility!

"Everyone I know is running out of space these days, and that is where Bruce County Storage comes in. Our facility offers 144 individual units of assorted sizes, and with rents starting at just \$125 per month for a 5x10 unit, we have a unit to meet every need and budget."

Bruce County Storage is an affiliate of North Perth Storage in Listowel, who have been meeting storage needs since 2022.

Plans to Expand

The Kincardine facility plans to expand in the near future, as Wayne explains.

"We offer 40 outdoor storage spaces for parking cars, boats, trailers and such, but plan to build a heated warehouse on-site that will be able to accommodate motorhomes, boats, classic cars, you name it. Climate controlled storage units are also available, and our fully fenced facility offers computer-controlled entry that gives you 24/7 access.

Our Grand Opening special runs until October 31st, so if you **rent a unit for five months, we will throw in the sixth month for free.** There has never been a better time to join."

For more information you can call Wayne at 519-362-4678.

The facility is located 829 Kincardine Avenue, and is accessible even during the Kincardine Avenue construction project.

Check them out online at www.brucecountystorage.ca where you rent your unit, or simply drop by the site to rent your unit using their 24-hour kiosk.*



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Protect yourself from becoming a re-VIN'ed victim

As the Auto Theft problem in Canada continues to escalate, purchasing a used vehicle can be a risky proposition due to the number of vehicles that are being re-VIN'ed.

What does re-VIN mean? "Re-venning" is the process of changing a stolen car's vehicle identification number (VIN) and replacing it with a different VIN to appear legitimate.

How and why does this happen?

Many of today's thieves steal vehicles with the intention of shipping them overseas; however, some stolen cars remain in Canada to be sold to the public but to cover up or disguise the theft, criminals place a "new" VIN on the car. This "new" VIN could be a VIN that belongs to another vehicle or completely made up.

Stolen Vehicle

Could I be impacted? If you are ever shopping for a vehicle, you could fall victim and inadvertently purchase a stolen vehicle.

It should come as no surprise that if you are in possession of stolen property, law enforcement has the authority to seize your vehicle, leaving you without a vehicle and out-of-pocket.

BY
TODD
FARRELL



Are You Covered?

Here are five tips you can utilize to protect yourself from becoming a victim of re-VIN 'ed vehicles:

- Know who you are buying from - it is a good idea to ask for name, address, email, phone number, and identification from the person you are interacting with.

Clear of any Offence

- If purchasing from a dealership, you can run the dealer and salesperson's name through the Ontario Motor Vehicle Industry Council (OMVIC) website to ensure the dealership and salesperson is licensed and is clear of any offence history.

- Order a CarFax report to ensure the vehicle history and details are consistent.

- Obtain a Used Vehicle Information Package (UVIP) from the MTO – vehicle

sellers are legally required to provide this package to buyers; however, buyers can also purchase the package as well. This package contains:

- Vehicle details (e.g. year, make, model);
- Vehicle registration history (including current and past owners);
- Vehicle lien information to ensure there are no active liens;
- Retail Sales Tax (RST) information - the average wholesale cost of the vehicle; and
- Bill of sale information.

- Take the vehicle to a trusted mechanic who can inspect and validate the vehicle.

Stop and ask yourself questions:

- Is the vehicle price fair market value or is it too good to be true?
- Where does the seller want to meet? Is it an odd location, such as a mall parking lot?
- Is the seller requesting cash payments only and/or refusing to provide a bill of sale?

More than ever it's important to do your own due diligence.

Following these tips can help keep you from becoming a victim of auto fraud.

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Do your feet hurt? You are not alone!



Did you know that 75 per cent of people will experience foot problems at some point in their lives! This year alone 19 per cent of the Canadian population will have some form of foot issue.

Do your feet hurt? You are not alone!

Foot pain is never normal and should not be ignored!

Do your feet hurt first thing in the morning, after sitting for long periods of time or at the end of the day? This can be treated with conservative treatments such as stretching, icing and footwear recommendations or more involved options such as shockwave, night splints and custom foot orthotics.

How are your nails? Are they thick? Discoloured? Ingrown? Are you concerned about their appearance? We can help! Different conditions and types of nails can be repaired and improved in most cases. This can be done either through regular maintenance, fungal medications, fungal nail laser therapy (Lunula Laser) or minor surgery for ingrown toenails.

The bottom line, foot pain can always be improved and often eliminated.

Don't wait! Come see one of our licensed Chiropodists.

What is a Chiropodist? Chiropodists are Ontario's foot specialists. They can treat any foot/ankle condition, on any age of patient! They are to the feet, as a Dentist is to the mouth!

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Women's House marks 40 years!

Back in the early 1980's a grassroots group came together in Kincardine to address the need in their community to provide a safe haven for women and children experiencing violence in their homes. That group incorporated as an agency in June of 1984 with that in mind, and achieved their goal when they opened a 10-bed shelter facility under the name of Women's House of Bruce County in 1985.

While the 10-bed facility was a much-needed safe space for victims and survivors of violence, it soon became apparent that the demand for access to such a facility went far beyond the borders of Bruce County, and the decision was made to expand the service into Grey County as well. They partnered with facilities such as hospitals and libraries to provide counselling, services, and programs for those that experienced violence, and expanded to a 13-bed facility. Demand continued to increase as Women's House Serving Bruce and Grey was the only service, not including those in First Nations Territories, that provided free shelter and counselling in the area. Since incorporation in 1985, use of the Shelter Program and Crisis lines has grown, prompting not only continued expansion of the number of beds available, but also the building of 3 Second Stage Housing locations, offering 10 units of geared to income, secure homes for affected families.

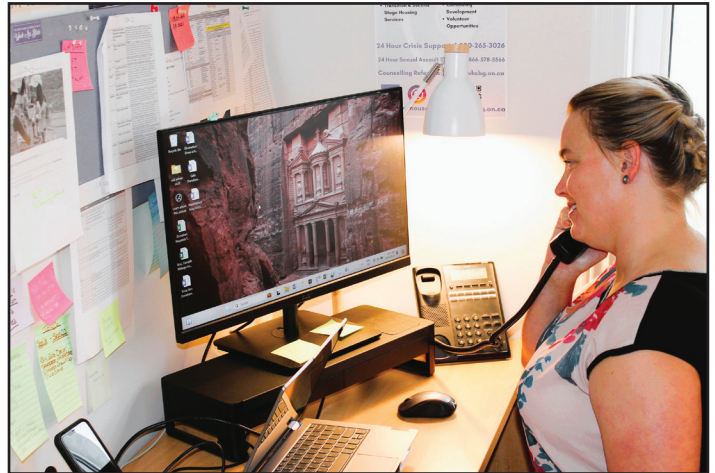
Women's House is government funded, but funding supports the bare minimum of Shelter Operations. Danielle Bois, the Community Relations and Fund Developer for Women's House, shares some insight into what that means.

"We rely on grants, donations and sponsorships to help run our Outreach Team's programs and other services outside of our shelter. Eighty per cent of our funding goes to 20 per cent of Women's House services—providing shelter. Our Outreach Team and counselling services and programs are 80 per cent of what we do, and funding for those areas could be increased. Food costs are rising, and we try to stock our shelter pantry with basics, cleaning and laundry supplies, as well as hygiene products like shampoos, conditioners and soaps. Additionally, we've partnered with The Clothes Hamper in downtown Kincardine, so we encourage people to donate gently used clothing to that program. They have a great selection that our women in shelter can access at no cost, but sales proceeds also go to the Kincardine Hospital Foundation. If you have donation questions, call 519-396-9814 X225."

There are preconceptions of what The Women's House does on a day-to-day basis, but many are not aware of the scope of the demand that exists today for the services provided. Danielle explains.

"If we look at this past Summer as an example, we would receive upwards of five calls per day of women looking to admit to shelter at Women's House. That means over 600 calls in two months from victims of violence. In addition, our Councillors on Duty are responsible for providing service to women in crisis through domestic violence and sexual assault. They manage our 24-hour crisis support line and emergency non-residential counselling lines. Those lines are available 24/7 as the need for them never stops. Other programs offered also assist the women in learning new life skills, banking, and even household management."

by John F. Adams



Danielle Bois, The Community Relations and Fund Developer for The Women's House Service Bruce and Grey, is just one of the many dedicated team members of the organization working to ensure victims and survivors of violence in our community have a safe haven and support available to them in times of crisis and need.

The Outreach Team is trained in Sexual Assault Counselling, Child Witness and Violence Against Women. They provide group and one on one counselling throughout Bruce and Grey. The organization noted a spike in homelessness among women who enter the shelter, as once they leave, options often are to return to the abuser, stay in an unsafe environment, or become homeless, all of which are sources of concern. Danielle explains the organization is also working to address another growing concern. Human trafficking.

"Human trafficking is on the rise in our area, and concerns us deeply. It is vital for the public to educate themselves about this issue because it's happening in our own backyard, perhaps to someone we already know. If you can, visit www.canadianhumantraffickinghotline.ca or call 1-833-900-1010 to learn more on how human trafficking is a problem we should all care about."

For those interested in providing much needed support for Women's House, Danielle has exciting news about a returning event!

"This year, we are celebrating the return of The Women's House Gala, Saturday October 19th. With our 40th anniversary celebration, we're hosting an 80s themed Gala, catered dinner and dance. There will be an Elimination Draw, games and activities throughout the evening, and tickets are available at Grey Matter, Bar Down and Wilder & Rain in Kincardine and at Rabbit Dash Coffee House and Dizzy Bird Coffee in Port Elgin and Saugeen Shores. For the next year, we'll be hosting a fundraiser once a month and close out this event at our Gala in 2025. Keep an eye out for different events in Bruce & Grey counties."

If you or someone you know is a victim or survivor of violence, sexual assault, or human trafficking you can access the services provided by The Women's House Service Bruce and Grey in the following ways--Support Line 519-396-9655, Toll Free 1-800-265-3026, 24hr Sexual Assault Services 1-866-578-5566 or via the web at www.whsbg.on.ca.

Fall is the perfect season to build!

Fall is when thoughts turn to leaves turning, fresh apples at area orchards, and if you are James Beeksma, owner of Utopia Decks, you hear the music of decks being built. James explains.

“When the air gets a little crisp, people feel that deck season is over, but it is not. Fall is one of the best times to get your deck built!”



James Beeksma

James and his team at Utopia Decks stay up to date not only on the latest materials and deck options available to their customers, but also understand that for many people, building their deck in the Fall makes sense.

“I recommend building decks in the Fall for many reasons. First, adding a deck to your home increases its value - a serious consideration if you plan on selling in Spring. Second, construction in Summer heat is taxing not only on the crew, but also the materials. Cooler temperatures mean our team can work more efficiently, and materials are less likely to warp or expand, resulting in a sturdier, longer lasting deck for you. Fall builds mean you avoid the Spring time rush, and your deck is available to you now, not in six months. Year-round decks have grown in popularity as people look to unplug from technology, and we can design your deck to add lighting, railings, and even Fire Bowls, Tables, or Patio Heaters that allow you to enjoy a sky full of stars on Christmas Eve! Our only limit is your imagination.”

To get more information on adding a deck to your space this fall, contact James and the Utopia Deck team to schedule your free consultation. Phone or text James at (647)952-6677, or email contactus@utopiadecks.com.

Check out www.Utopiadecks.com for more information.*



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BY
TAMRI
COURT



Saugeen Shores

Pumpkinfest!

The highly anticipated annual Pumpkinfest is just around the corner! Mark your calendars for Saturday, October 5th and Sunday, October 6th. This family fun event provides two full days packed with activities, giant vegetables, entertainment, crafts and vendors, animals, car show, numerous food trucks and stations and much much more! A free shuttle bus will run approximately every 15 minutes on Saturday 9am-6pm and Sunday 10am-4pm. Check the Pumpkinfest website for more information.

The Shoreline Artists have been a part of the Saugeen Shores and the Bruce and Grey County community for many years. All are invited to come out and meet the Artists. The event will be held Saturday, October 12th from 1-3pm at Southampton Arts, located at 201 High St. Another event, The Winter Spirit Arts and Crafts Show will be held Friday, October 25th from 6-9pm and Saturday, October 26th from 10am-4pm, at the Port Elgin Legion, 630 Green St. This will be the perfect opportunity to purchase those perfect gifts for those on your list. With over 20 artists and craftsmen showing their works, there is something for everyone. Check out their website at www.Shorelineartists.net

On Thursday, October 24th beginning at 7pm, the Bruce County Museum & Cultural Centre presents *An Evening with Dr Brian Goldman* to be held at Unifor Family Education Centre. Known for his fearlessness in addressing controversial medical issues, Dr. Goldman offers a filter-free and comprehensive look inside the complexities of the medical world. Sharing stories from his adrenaline pumping days as an emergency room physician, Dr. Brian Goldman will bring to life his national bestselling books *The Night Shift* and *The Power of Kindness*. Both books are available for purchase in the gift shop. Tickets are available at brucemuseum.ca.

Wishing you a very Happy Thanksgiving!

If you have an event you would like mentioned in a future article I can be contacted at 519-386-1400 or tamricourt@gmail.com.

BY
SHERYL
STEINHOFF



Paisley Current

Prevention!

The 'Prevention Through Exercise' Program resumes Thursday, October 3 at 9-10am in the Paisley Legion Auditorium. The classes are offered free of charge.

It's a great way to learn exercises that will help you prevent and manage chronic disease plus it's a great way to socialize with others.

The Paisley Legion will celebrate their 85th anniversary on Saturday, October 5 with a Celtic dance performance and live music by PJ Mack and Tom Travesy from 2-5pm along with finger food and comradery.

On Friday, October 18 there will be an evening of tribute to the legends Patsy Cline and Merle Haggard by Mandi Craddock and PJ Mack. Doors open at 7pm. The cost is \$25/person. Limited tickets are available.

Once again, the Legion is hosting the 'Witches' Walk' on Friday, October 26th at 8pm. If you would like to take part in this event, please meet at the Cenotaph across from the Legion. Afterwards everyone is invited to enjoy music at the legion. With Hallowe'en right around the corner the 'Haunted House' returns to the Legion on Saturday, October 26th and Sunday, October 27th from 4-8pm.

If you're looking for a safe and welcoming walking group to join, be sure to drop down to the Paisley Community Centre. Starting on Tuesday, October 15 this free program takes place every Tuesday and Thursday from 12:30-2pm. Please wear your own comfortable sneakers; you can bring your own walker or wheelchair; Nordic poles are available.

If you have an event you would like mentioned in the next issue, please contact me at 519-832-7496 or email me at thesteinhoffs@hotmail.com.

Until next month, please remember to be kind to each other and be happy and healthy.

BY
KRISTEN
PRENTICE



Ripley/Lucknow Happenings

Volunteering!

Morning Break with the Mayor returns on October 16th from 10-11:30am at the Ripley-Huron Community Centre. Join Mayor Don Murray and enjoy light refreshments.

Craft enthusiasts can enjoy the "It's Fall Ya'll Craft and Vendor Event" at the Lucknow Community Centre on October 19th from 10-3pm. The event will feature vendors, door prizes, and more.

On October 26th, the Point Clark Community Centre hosts the Huron Lakeshore Friendship Club's Craft and Vendor Show and Bake Sale from 9-2pm, with free admission.

If you're looking to give back, Huron Kinloss has a new Volunteer Webpage designed to connect community members with meaningful volunteer opportunities. Eligible Community Organizations can submit volunteer opportunities to be posted on the web page, and the Township will help promote the need. Visit <https://www.huronkinloss.com/live-here/volunteer/> or contact Kristen at 519-395-3735 to learn more!

The Lucknow and District Recreation Department is offering Zumba classes starting Friday nights in October. The nine-session program runs from 6-7pm. For more visit <https://lucknowrec.ca/>.

Caregivers can join the Powerful Tools for Caregivers' workshop, a free, six-week online series starting October 1st. Running Tuesdays from 1-3pm, this workshop offers resources to reduce stress and improve caregiving skills. Pre-registration is required by calling 519-376-5895 x 2.

Huron Fringe Naturalists meeting welcomes visitors and new members to their meeting October 22 from 7-8pm at the Point Clark Community Centre. Meetings are the fourth Tuesday of the month and include social time and a guest speaker. For information contact Christine Roberts by email christineroberts153@gmail.com.

Lake Huron Audiology offers sound service

Are you or a loved one struggling with hearing difficulties? Hearing loss can affect your ability to connect with others and enjoy daily activities.

The first step to better hearing is a hearing assessment. At Lake Huron Audiology in Kincardine, we offer comprehensive evaluations to understand your specific needs. Whether you're noticing mild hearing loss, experiencing tinnitus (ringing in the ears), or struggling with conversations in noisy environments, our expert team will create a customized plan to address your concerns.

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I'm hoping Netflix can make it a bit more interesting!

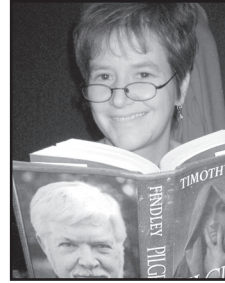
This month a couple of new to me authors to recommend.

First up is the new Stuart McBride novel, *No Less the Devil* and a thank you to Sandy Donald for the recommendation. There are very few plot lines in the mystery thriller genre that surprise me, but this was definitely one of them. The last quarter of the book is next level twisty. Detective Sergeant Lucy McVeigh is trying to track down a serial killer that's eluded her for seventeen months but gets distracted by another case she studied years before involving an 11-year-old boy who was put away for murder and is now out. As well written as these two plot lines are developed, the best story is Lucy's. Some great characters and dark humour rounds out a very enjoyable read.

Seeing it was becoming a Netflix series I gave *The Perfect Couple* by Erin Hilderbrand a go. When a body is discovered in Nantucket harbour the morning of a lavish wedding, all of the wedding party is suspect. The weak plot is saved by the interesting characters, it starts out strong but ends as if the author ran out of steam. I'm hoping Netflix changes it up a bit but not sure I'll bother watching it. It's sold as a summer/beach read and I would agree with that, would

BY
TRACY
PRIMEAU

Between the Covers



be a good vacation book.

I was more disappointed in Emma Donoghue's book *Akin* but in her defence it's because I usually devour everything she writes. It took me forever to get into it, but I soldiered on because I figured it had to get better. It did, but still not enough for me to recommend it to all of you. A retired New York professor is travelling to his childhood town in the French Rivera and circumstances emerge that dictate he must take his 11-year-old great nephew with him. There is humour, love and grief explored and told through the old man's eyes it is beautifully written, it's a feel-good book that would probably make a nice film, but it is not at the same level as *Room* and *The Pull of Our Stars*.

Karin Slaughter's newest Will Trent novel *This is Why We Lied* doesn't

disappoint as we join Will and Sara on their honeymoon at a remote lodge off the grid. It doesn't take long before there is a murder to investigate and being that there is no one close by, Will gets involved immediately. The victim's family lies about everything to Will and Sara but also to each other and themselves. The characters are drawn so that you either love or hate them, but she writes very entertaining reads, and she consistently includes some romance, humour, and twists for a page turner. Also nice to revisit these characters and the others we see in the series.

Finally, I picked up a YA novel, sort of a hybrid graphic novel as their multiple illustrations of the characters in scenes call *Mortified* by Kristy Jackson. Recommended for ages eight-12, it would be a great Christmas gift if anyone is already thinking about it. Obviously, it includes both comedy and cringe and is a sweet novel about what it feels like to be embarrassed by everything. It is laugh out loud funny and also worth the read for us adults too. Picked this one up at Harbour Rose.

Reach out to tracy.primeau@gmail.com if you'd like to recommend a favourite I've yet to discover.

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Oct. 2, 2024	10:30a.m. - 1:00p.m.	Southampton Curling Club, 26 Albert St. S Southampton
Oct. 2, 2024	3:30p.m. - 6:00p.m.	Warton Arena and Community Centre, 526 Taylor St. Warton
Oct. 3, 2024	3:30p.m. - 6:00p.m.	Bruce County Administration Centre, 30 Park St. Walkerton
Oct. 4, 2024	5:00p.m. - 7:00p.m.	Royal Canadian Legion, 86 River St., Tara <i>In partnership with the Bruce County Federation of Agriculture.</i>

The Bruce County Official Plan will guide land use and development in Bruce County until 2046.

Attend an open house to:

- Learn about the draft plan
- See mapping schedules proposed
- Provide comments

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